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RONALD E. WALDRIDGE, II, M.D.
2012-2013 KAFP PRESIDENT



**KAFP SCIENTIFIC ASSEMBLY AWARDS
and SPECIAL RESIDENT ISSUE**



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P.O. Box 1444
Ashland, KY 41105-1444
PHONE: 1-888-287-9339
FAX: 1-888-287-0662
WEB SITE: www.kafp.org
E-MAIL: gerry.stover@kafp.org
janice.hechesky@gmail.com

William Crump, M.D.
EDITOR

M. Eli Pendleton, M.D.
ASSOCIATE EDITOR
A. Stevens Wrightson, M.D.
ASSOCIATE EDITOR

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THE KENTUCKY ACADEMY OF FAMILY PHYSICIANS

P.O. Box 1444 | Ashland, KY 41105-1444 | Office: 1-888-287-9339 | Fax: 1-888-287-0662

Gerry D. Stover, MS, EVP, gerry.stover@kafp.org

Janice Hechesky, Executive Assistant, janice.hechesky@gmail.com

E-mail: information@kafp.org | Web site: www.kafp.org



COMMITTEE CHAIRS AND FOUNDATION

ADVOCACY COMMITTEE

Nancy Swikert, M.D.

e-mail: Ddwarrow@aol.com

Brent Wright, M.D.

e-mail: rbwright@tjsamson.org

BYLAWS COMMITTEE

E. C. Seeley, M.D.

e-mail: eseeley@andover.org

Mont Wood, M.D.

e-mail: rwood@trover.org

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William Crump, M.D.

e-mail: wcrump@trover.org

Alan Stevens Wrightson, M.D.

e-mail: alan.wrightson@eku.edu

M. Eli Pendleton, M.D.

email: eli.pendleton@louisville.edu

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email: PSwine@aol.com

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john.darnell54@gmail.com

Gay Fulkerson, M.D.

e-mail: drgfulk@kynet.net

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Marshall E. Prunty, M.D.

email: dprunty@bellsouth.net

Mark Boyd, M.D.

email: mboyd@stelizabeth.com

PRACTICE ENHANCEMENT COMMITTEE

Michael King, M.D.

e-mail: mrking02@uky.edu

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email: Ddwarrow@aol.com

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Baretta Casey, M.D.

email: bcase2@uky.edu

Treasurer

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email: john.darnell54@gmail.com

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email: PSwine@aol.com

Member-at-Large

Lisa Corum, M.D.

email: lisacorum@att.net

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2012 KAFP CALENDAR

MARK YOUR CALENDAR FOR UPCOMING MEETINGS!

2012 NCAFP MID-SUMMER FAMILY MEDICINE DIGEST

July 1-6, 2012

Kingston Plantation • Myrtle Beach, SC

2012 NCFMRS

July 26-30, 2012

Bartle Hall • Kansas City, MO

2012 OHIO AFP ANNUAL MEETING

Aug. 4-5, 2012

Marriott Columbus Northwest • Dublin, OH

2012 SOUTHEASTERN FAMILY MEDICINE FORUM

August 16-19, 2012

Marriott Myrtle Beach Resort • Myrtle Beach, SC

2012 KMA ANNUAL MEETING

Sept. 10-12, 2012

Hyatt • Louisville, KY

2012 AAFP CONGRESS OF DELEGATES & SCIENTIFIC ASSEMBLY

Oct. 15-17 & 17-20, 2012

Philadelphia Marriott • Philadelphia, PA

2012 TNAFP ANNUAL MEETING

Oct. 30-Nov. 2, 2012

Convention Center • Gatlinburg, TN

2013 KAFP ANNUAL MEETING

November 14-17, 2013

Crown Plaza-Campbell House • Lexington, KY

KAFP OFFICERS

Immediate Past-President, *Mark Boyd, M.D.*

413 S. Loop Rd.
Edgewood, KY 41017
OFFICE: 859-301-3800
Fax: 859-301-3820
e-mail: mboyd@stelizabeth.com

President, *Ron Walbridge, II, M.D.*

60 Mack Walters Rd.
Shelbyville, KY 40065
OFFICE: 502-633-4622
Fax: 502-633-6925
e-mail: r.walbridge@att.net

President-Elect, *Patty Swiney, M.D.*

266 Bourbon Acres Rd.
Paris, KY 40361
OFFICE: 859-987-3230
Fax: 859-987-1113
e-mail: Pswine@aol.com

Vice President, *Sharon Colton, M.D.*

P.O. Box 39
Evarts, KY 40828
OFFICE: 606-837-2108
Fax: 606-837-2111
e-mail: sharoncolton@bellsouth.net

Treasurer, *John H. Darnell, Jr., M.D.*

320 Sunset Dr.
Ashland, KY 41101
OFFICE: 606-833-6201
Fax: 606-833-4269
e-mail: john.darnell54@gmail.com

Secretary, *Melissa Zook, M.D.*

Bluegrass PCP, 803 Meyers Baker Rd.,
Ste. 150
London, KY 40741
OFFICE: 606-657-0903
Fax: None
e-mail: mzook@bluegrasspcp.com

AAFP DELEGATES AND ALTERNATES

Delegate, *Nancy Swikert, M.D.*

10003 Country Hills Ct.
Union, KY 41091
OFFICE: 859-384-2660
Fax: 859-384-5232
e-mail: ddwarrow@aol.com

Delegate, *Mont Wood, M.D.*

200 Clinic Dr.
Madisonville, KY 42431
OFFICE: 270-825-6690
Fax: 270-825-6696
e-mail: rwood@trover.org

Alternate, *Pat Williams, M.D.*

110 So. Ninth St.
Mayfield, KY 42066
OFFICE: 270-247-7795
Fax: 270-247-9013
e-mail: dr.pat@bellsouth.net

Alternate, *Richard Miles, M.D.*

124 Dowell Rd.
Russell Springs, KY 42642
OFFICE: 270-866-2440
Fax: 270-866-2442
e-mail: rsmfp80@duo-county.com

KAFP CONGRESS OF DELEGATES

Speaker, *Sam Matheny, M.D.*

474 West Third St.
Lexington, KY 40508
OFFICE: 859-323-5512
Fax: 859-323-6661
e-mail: matheny@uky.edu

Vice Speaker, *John Patterson, M.D., MSPH*

119 McDowell Rd. #2.
Lexington, KY 40502
OFFICE: 859-373-0033
Fax: None
e-mail: japatt@windstream.net

KAFP RESIDENT/STUDENT MEMBER

Resident-Glasgow

TBA
Alternate Resident-East KY
TBA
UK Student
TBA

UofL Student, *Luke Murray-4th Year*

Phone: 859-257-2826
Fax: 859-323-6661
e-mail: luke.murray@uky.edu

REGIONAL DIRECTORS

Region I-(Districts 1, 2, 3 & 6)

Alben Shockley, M.D.
Convenient Care
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Owensboro, KY 42301
Office: 270-688-1352
Fax: 270-683-4313
e-mail: abshock@aol.com

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Crestwood, KY 40014
OFFICE: 502-852-2822
Fax: 502-852-2819
e-mail: rvjgird01@louisville.edu

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KY Clinic 302
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OFFICE: 859-323-5938
Fax: 859-323-6661
e-mail: kpearce@email.uky.edu

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1101 St. Christopher Dr. #4105
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OFFICE: 606-836-3196
Fax: 606-836-2564
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Fax: 270-683-4313
e-mail: abshock@aol.com

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e-mail: bwchaney@hotmail.com

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Rajesh Sheth, M.D.
332 W. Broadway, Ste. 600
Louisville, KY 40202
OFFICE: 502-583-2759
Fax: 502-583-2760
e-mail: rksheth@yahoo.com

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Glasgow, KY 42141
OFFICE: 270-651-6791
Fax: 270-651-3182
e-mail: balemd@glasgow-ky.com

District 7 (Anderson, Carroll, Franklin, Gallatin, Grant, Henry, Oldham, Owen, Shelby, Spencer, Trimble)

Meredith Kehrer, M.D.
130 Stonecrest Rd., Ste. 106
Shelbyville, KY 40107
OFFICE: 502-647-1000
Fax: 502-647-1006
e-mail: merekehrer@hughes.com

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OFFICE: 859-781-4111
Fax: 859-957-2355
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OFFICE: 859-323-5264
Fax: 859-323-6661
e-mail: mrking02@uky.edu

District 11 (Clark, Estill, Jackson, Lee, Madison, Menifee, Montgomery, Owsley, Powell, Wolfe)

Jon Strauss, M.D.
305 Estill St.
Berea, KY 40403
OFFICE: 859-986-9521
Fax: 859-986-7369
e-mail: jonstrauss@strauss-clinic.com

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Glyndon Click, M.D.
126 Portman Ave.
Stanford, KY 40484
OFFICE: 606-365-9181
Fax: 606-365-9183
e-mail: pff@searnet.com

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Lisa Fugate, D.O.
1101 St. Christopher Dr. #4105
Ashland, KY 41105
OFFICE: 606-836-3196
Fax: 606-836-2564
e-mail: lisafugate@alltel.net

District 14 (Breathitt, Floyd, Johnson, Knott, Letcher, Magoffin, Martin, Perry, Pike)

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750 Morton Blvd., Rm B-440
Hazard, KY 41701
OFFICE: 606-439-3557
Fax: 606-435-0392
e-mail: jeking0@email.uky.edu

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P.O. Box 127
Williamsburg, KY 40769
OFFICE: 606-549-8244
Fax: 606-549-0354
e-mail: dwilliamsM.D.@bellsouth.net



message from the PRESIDENT



“I WANT TO
THANK MY WIFE
AND CHILDREN
FOR ALLOWING
ME TO SPEND
THIS EXTENDED
YEAR WITH YOU AS
YOUR PRESIDENT.
AS YOU KNOW
WITHOUT THEIR
SUPPORT I WOULD
BE LOST.”

I am honored that my first article as President will appear in our special issue under the Guest Editorship of Dr. Bob Nold. If you were at our annual meeting this past April then you would have heard my acknowledgment of the role Dr. Nold had in helping me get into medical school. I am sure we all have a Dr. Nold type that has made a positive impact in our lives and careers. In my case I had many as I grew up in family medicine and the KAFP. My father is a family physician and past president of our chapter. So, I have attended KAFP events ever since I can remember and have been exposed to some of our more senior leaders that made a great impression on my life. In fear of leaving someone out let me just say that if you know me from those days then your actions spoke volumes in my



Dr. Waldridge and his wife Lea



Dr. Boyd
Pinning
the New
President Dr.
Waldridge

life. I started my practice after residency by working with my father. It was one of those ‘priceless experiences’. Those of you that know me know that I communicate in short bullet blasts. So, this article is a stretch for me because there is so much I want to communicate to you and I find the best way to do it is by short bullet blasts. I am sure that these bullet blasts will likely leave you wanting more which I would like to use the President’s blog as



Larry Fields, M.D. installing Ronald E. Waldrige, II, M.D. as the New KAFP President



Ronald E. Waldrige, II, M.D., New President and Mark A. Boyd, M.D., Immediate Past President



Mark Boyd, M.D. & wife, Stephanie with Ronald Waldrige, II, M.D. & wife, Lea, daughter, Hope & son, Jack

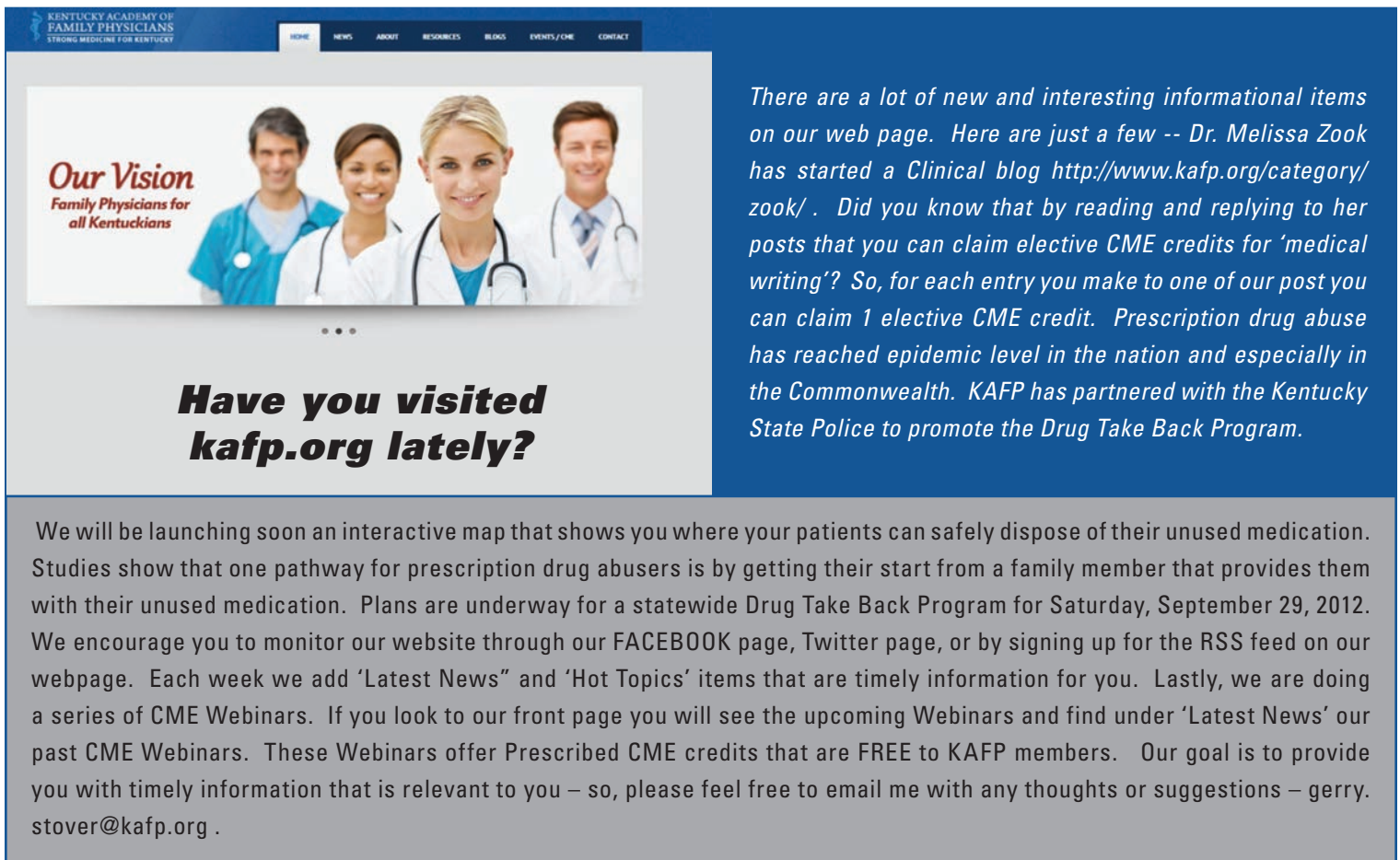


President Receiving the Clark Bailey Cane Certificate

that opportunity to enter into a dialogue with you on these issues. The blog was started by Dr. Mark Boyd, our current past President, and can be found at <http://www.kafp.org/category/president/>. The first entry you come to that I wrote has to do with my recent experience at the AAFP's National Congress of Special Constituencies (NCSC). I want to thank Drs. Nancy Swikert and Lisa Corum for all their help in making that event happen. Our chapter won an award for having a full constituency at this event and Dr. Gerry Tolbert, our New Physician rep at NCSC, was elected New Physician Alternate Delegate to the AAFP Congress. If you visit our website and view some of our past news you will find more information on how we achieved this award. I need to transition to

an important event that is happening now in Northern Kentucky. Our members in Boone, Campbell, Grant and Kenton counties may be eligible to participate in a CMS project called Comprehensive Primary Care (CPC) Initiative. If you are in one of those counties – please visit our website at <http://www.kafp.org/resources/northern-ky-cpci-initiative/> -- and take the 5 question quiz to see if you qualify. This is exciting as it is fulfilling one of the visions of revitalizing family medicine through the Patient Centered Medical Home movement that Dr. Larry Fields had when he was President of the AAFP. Transition again -- I want to thank Dr. Zook for taking on blogging and encourage each of you to visit her blog at <http://www.kafp.org/category/zook/>. And transition again – on our web page under News you see that Dr. Joseph Tollison with the ABFM did a webinar for us on Maintenance of Certification. I would encourage you to view that webinar as I do not want to see anyone lose their hard earned board certification because they missed a step. We will be doing a series of these webinars on various subjects. Each of these webinars will have at least 1 to 1.5 Prescribed

Credits. These are free to our members and what we are doing to bring value to your membership. We have contacted the staff at KASPER and asked for them to do a webinar on the new changes based on HB1. If you have any ideas for a topic I would encourage you to contact our EVP, Gerry Stover at gerry.stover@kafp.org or drop me a comment on the President's blog. My last transition – I need to give you a heads up that we are moving our annual meeting in 2013 from the summer to November 14-17, 2013 at the Campbell House in Lexington. You will hear more about this later in the year. I want to thank Dr. John Darnell and his wife, Brenda for doing a great job with the questions and format for this past year's Residency Quiz Bowl and also agreeing to do it again in 2013. Finally, I want to thank my wife and children for allowing me to spend this extended year with you as your President. As you know without their support I would be lost. As I mentioned previously – I write in short bullets leaving my readership wanting more therefore I encourage you to visit the President's blog to ask your questions and leave comments.



Have you visited [kafp.org](http://www.kafp.org) lately?

There are a lot of new and interesting informational items on our web page. Here are just a few -- Dr. Melissa Zook has started a Clinical blog <http://www.kafp.org/category/zook/>. Did you know that by reading and replying to her posts that you can claim elective CME credits for 'medical writing'? So, for each entry you make to one of our post you can claim 1 elective CME credit. Prescription drug abuse has reached epidemic level in the nation and especially in the Commonwealth. KAFP has partnered with the Kentucky State Police to promote the Drug Take Back Program.

We will be launching soon an interactive map that shows you where your patients can safely dispose of their unused medication. Studies show that one pathway for prescription drug abusers is by getting their start from a family member that provides them with their unused medication. Plans are underway for a statewide Drug Take Back Program for Saturday, September 29, 2012. We encourage you to monitor our website through our FACEBOOK page, Twitter page, or by signing up for the RSS feed on our webpage. Each week we add 'Latest News' and 'Hot Topics' items that are timely information for you. Lastly, we are doing a series of CME Webinars. If you look to our front page you will see the upcoming Webinars and find under 'Latest News' our past CME Webinars. These Webinars offer Prescribed CME credits that are FREE to KAFP members. Our goal is to provide you with timely information that is relevant to you – so, please feel free to email me with any thoughts or suggestions – gerry.stover@kafp.org.

Arline and I enjoyed being at the KAFP yearly assembly in Lexington. It is a time to reunite with friends and fellow family physicians that you don't have the opportunity to see often. The older I become the more important these relationships are to me.

The meeting this year was especially rewarding. I had the opportunity to see one of my friends see his son installed as President of the KAFP. Dr. Ron Waldrige Sr. had been our president in the early 1990's and to see his son follow in his footsteps I'm sure made him very proud.

During my medical career, I had the opportunity to serve my profession in many areas for the KAFP, JCMS and KMA. None of these positions was as rewarding as serving on the admission committee for the University of Louisville School of Medicine for many years. To feel you played a role in seeing young men and women choose medicine as their life's work was well worth the time and effort invested in

this process. It was even more special when one of those applicants was the son or daughter of a physician friend. This was the case when "Little" Ron showed up for his interview. It was evident that he truly wanted to be a family doctor and join his dad's practice in Shelbyville. Now, being part of that situation for me was very rewarding. I hope that some of you have the opportunity to serve in that capacity.

I understand that Dr. Ron Jr. had some kind words for me with regards to his admission process. I am sorry that we had to leave the banquet early that night and I missed his address. We had a hail storm headed for Louisville and we needed to get home to protect what we could. All is well.

I would like to take this opportunity to thank Ron for his acknowledgment and to wish him well in this coming year.

Robert L. Nold, Sr., M.D.
Louisville, KY



SHIRLEY WITTEN SPOUSE PIN

Carroll L. Witten, M.D., served as President of the Kentucky Academy of Family Physicians in 1965-66 and President of the American Academy of Family Physicians in 1966-1967. Following Dr. Witten's death in 1993, his widow, Shirley, presented the Kentucky Academy with her AAFP spouse pin. The tradition was then established to pass the pin to the incoming President's spouse each year. The "first lady" pin may be worn at in-state academy meetings by permission of the American Academy of Family Physicians.



Stephanie Boyd pinning Lea Waldrige

KAFP FOUNDATION REPORT AS OF APRIL, 6, 2012

BALANCE SHEET: The balance sheet enclosed reflects a balance of \$101,521.55. The updated Hillard Lyons investment report has not been posted to the account but is attached. It reflects \$58,017.23 in investments compared to the balance sheet which reflected the year end 2008 amount of \$54,584.34. It is important to note that our investments low point was in May 2009 when they were \$40,896.

PROJECTS FUNDED:

1. UK students to NRSC - \$5,000 (see note 5);
2. UofL students to NRSC - \$5,000 (see note 5);
3. Resident Board member to NRSC - \$1,000;
4. Student Board member to NRSC - \$1,000;
5. William D. and Peggy Pratt Memorial Scholarship Award to the UK's Outstanding Student Award - \$650;
6. Walter and Helene Zukof Memorial Scholarship Award to the UofL's Outstanding Student - \$650;
7. Resident Poster Contest Awards - \$600;
8. Resident Quiz Bowl Prizes - \$3,500; and,
9. NCSC Scholarship - 2 at \$1,000 for \$2,000. (see note 6)

TOTAL FUNDED PROJECTED = \$19,400.

Respectfully submitted:

Nancy Swikert, M.D.

Date: April 6, 2012

President

NOTES:

1. Foundation Board increased the annual Outstanding Student Award from \$500 to \$650 in 2007.
2. Any access funds from KAFP Foundation fund raising events will be used towards students to attend NRSC.
3. Foundation Board changed the Resident Quiz Bowl awards for 2008 to be a total of \$6,000.
4. Foundation Board approved offer \$600 stipend for a KAFP active member to attend Leadership Kentucky.
5. 2010 we discontinued reception at NRSC and gave additional \$1K per FMIG.
6. Funding for 2 New Physicians to attend NCSC.

------(cut line)-----

I would like to help educational and practice-based research initiatives for family medicine in Kentucky. My contribution is to go towards one of the following: _____ Practice-Based Research; _____ Scholarships for Medical Student to attend National Resident and Student Conference; _____ General fund used to support Family Medicine Resident programs; or _____ at discretion of KAFP's Foundation Board

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All gifts are tax deductible to the extent of the law.

2012 KAFP DISTINGUISHED SERVICE AWARD



Dr. Mark Boyd, M.D., KAFP Immediate Past President presents award to Nancy Swikert, M.D.

Nancy Swikert, M.D. from Florence, KY received the Kentucky Academy of Family Physicians (KAFP) Distinguished Service Award during the 61st Annual Scientific Assembly held at the Campbell House in Lexington, Kentucky. Dr. Swikert is in private practice with St. Elizabeth Physicians in Edgewood, KY.

The KAFP Distinguished Service Award recognizes a family physician that has served in leadership positions with the KAFP such that their action has advanced the specialty of family medicine. Dr. Mark Boyd, Past President of KAFP, said of Dr. Swikert, "We are a better Academy because of her work. She is a charter member of our Foundation and the major contributor to its philanthropical projects. Her work doesn't stop there as she serves as our co-chair of Advocacy Committee where she works tirelessly advocating for our patients and the future of the specialty of family medicine."

A board-certified family physician, Dr. Nancy Swikert completed medical school at the University of Louisville in 1977. She did her family medicine residency at St. Elizabeth Family Medicine Residency Program, Edgewood, KY

James W. Middleton, Jr., M.D. Recipient of Citizen Doctor of the Year Award

Dr. Middleton was recognized for being a role model to medical students and resident physicians as well as to his physician colleagues. He is noted for his tireless devotion to improving the quality of life for his patients and bettering his community.

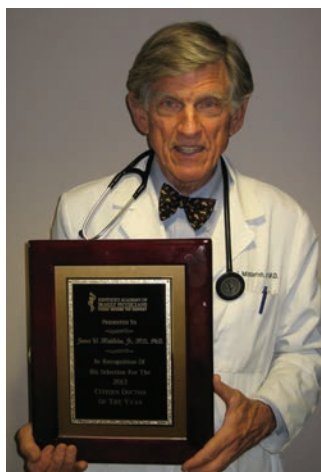
James W. Middleton, Jr., M.D. from Munfordville, KY was the recipient of the Kentucky Academy of Family Physicians highest award – Citizen Doctor of the Year for 2012. The award was presented to Dr. Middleton during the Kentucky Academy of Family Physicians (KAFP) 61st Annual Scientific Assembly held at the Campbell House in Lexington, Kentucky. Dr. Middleton also was the recipient of this year's Arbor Day Foundation's Good Steward Award. Arbor Day spokesman Sean Barry said, "He's been walking the walk in terms of conservation in Kentucky," Barry said. "He proselytizes constantly ... about conservation and the importance of taking care of the trees."

The Citizen Doctor of the Year Award honors an outstanding, community-minded family physician that provides compassionate, comprehensive care. Dr. Middleton was recognized for being a role model to medical students and resident physicians as well as to his physician colleagues. He is noted for his tireless devotion to improving the quality of life for his patients and bettering his community.

A board-certified family physician, Dr. Middleton completed medical school at University of Kentucky College of Medicine in 1974. He did his family medicine residency at Trover Family Medicine Residency Program, Madisonville, KY.



Dr. Middleton was unable to attend the award ceremony but Sky Marrese, Practice Administrator for the Family Medical Center of Hart County was honored to receive award on Dr. Middleton's behalf.



James W. Middleton, Jr., M.D., Citizen Doctor of the Year



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The Official Publication of the Kentucky Academy of Family Physicians

RONALD E. WALDRIDGE, II, M.D.
2012-2013 KAFP PRESIDENT



contact Michele Forinash
at 800-561-4686
mforinash@pcipublishing.com

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Brandy Vaughn at 864.512.3897 or
brandy.vaughn@anmedhealth.org.

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**Family Care
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SEVENTH ANNUAL QUIZ BOWL

St. Elizabeth Family Residency Program Takes Home Trophy for Second Straight Year.



All seven of Kentucky's Family Medicine Residency Programs Participated



Brenda Darnell, KY Assoc. for Academic Competition Program Director, Moderated the 2012 Resident Quiz Bowl



Nancy Swikert, M.D., KAFP-FND President presents award to Phillip Hartman, M.D., PGY-1 and Tasheena Slone, M.D., PGY-2.



Mark Boyd, M.D.,
KAFP President
& St. Elizabeth
FMRP Associate
Program Director
with St. Elizabeth
Team

Past Winners:

2006 Winner-Trover Family Health Systems FMRP
2007 Winner-University of Louisville FMRP
2008 Winner- East Kentucky FMRP
2009 Winners-East Kentucky FMRP, University of Kentucky FMRP & University of Louisville FMRP
2010 Winner-East Kentucky FMRP
2011 Winner-St. Elizabeth FMRP

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This program would not have been possible without the help from John Darnell, Jr., MD and his wife, Brenda.

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healthcare leader ...
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it's a way of life.”

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or call: (800) 847-5084; Fax: (704) 355-5033

2012 KAFP 61ST ANNUAL SCIENTIFIC ASSEMBLY AWARDS OUTSTANDING SENIOR MEDICAL STUDENT AWARD



ELISABETH CHANG



BRITTANY SULLIVAN

William D. & Peggy Pratt Memorial Scholarship Award was presented to Elisabeth Chang and Brittany Sullivan, University of Kentucky graduating senior medical students, for their outstanding interest and application to family medicine.



MEGAN SETTLE

Walter & Helene Zukof Memorial Scholarship Award was presented to Megan Settle, University of Louisville graduating medical student, for her outstanding interest and application to family medicine.

EXEMPLARY TEACHING AWARDS



MARK BOYD, M.D., KAFP IMMEDIATE PAST PRESIDENT PRESENTS AWARD TO MARY ANN BARNES.

Dr. Mary Ann Barnes, a family physician from Edgewood, KY received the Kentucky Academy of Family Physicians (KAFP) Full Time Faculty award, and Dr. Jeffrey Carrico of Mayfield, KY received the Volunteer Faculty award during the 61st Annual Scientific Assembly held at the Campbell House in Lexington, Kentucky. Dr. Barnes is on faculty with St Elizabeth's Family Medicine Residency Program in Edgewood, KY and Dr. Carrico is in practice at the Western Kentucky Family Healthcare facility in Mayfield, KY.

The "Exemplary Teaching Award" is presented to active members who have excellent teaching skills coupled with having implemented an outstanding educational program or developed an innovative teaching model. The awards are given in two categories: full-time and volunteer. Dr. Tyler Browning, Chief Resident at St Elizabeth Family Practice Residency program said of Dr. Barnes, "In the office she is a wonderful preceptor. She listens to your presentation but challenges you to think beyond common etiologies. She does not let an opportunity slip by where you can also address the preventative care of a patient ... The whole care of the patient is important to Dr. Barnes." Ms. Muscarella, Chairperson of the Purchase Area AHEC at Murray State said in her nomination letter on Dr. Carrico, "With the practice demands on physicians' increasing in the current healthcare climate, placing medical students with volunteer faculty for rural medicine rotations is becoming a challenge. Dr. Carrico approaches the role of teaching as part of his responsibility and is eager to open his practice and share his years of experience with them."



PAT WILLIAMS, M.D., KAFP PAST PRESIDENT, PRESENTS W. JEFFREY CARRICO, M.D. WITH THE 2012 VOLUNTEER FACULTY AWARD



University of Pikeville College of Osteopathic Medicine



About University of Pikeville

Located in the heart of Appalachia, Kentucky College of Osteopathic Medicine provides an osteopathic medical education in a student-centered setting that emphasizes primary care, encourages research and promotes lifelong scholarly activity. In keeping with our mission, our graduates are committed to serving the healthcare needs of communities in rural Kentucky and the Appalachian regions.

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The University of Pikeville is committed to providing equal employment opportunity to all qualified individuals without regard to race, ethnicity, gender, religion, national origin, marital or veteran status, sexual orientation, age, disability or any other characteristic protected by law, in all personnel actions.

Open positions

- Assistant or Associate Dean of Graduate Medical Education
- Assistant or Associate Professor of Anatomy
- Assistant or Associate Professor of Biochemistry
- Assistant or Associate Professor of Family Medicine
- Assistant or Associate Professor of Osteopathic Principles and Practices
- Assistant or Associate Professor of Physiology

Please contact Human Resources:
hr@upike.edu or 606.218.5346
www.upike.edu

50 YEAR AWARD The Kentucky Academy of Family Physicians honored physician members who graduated medical school 50 years ago at the 61st Annual Scientific Assembly awards ceremony. Mark Boyd, M.D., Immediate Past President presented awards to the 1962 Medical Student Graduates. We were honored to have James D. Crase, M.D. & Orville Stein, M.D., both from Somerset, KY.



Honored physicians who were unable to attend the event were:

*Glenn Baird, M.D.
Florence, KY*

*Don McFadden, Jr., M.D.
Mount Sterling, KY*

*Robert Brown, M.D.
Georgetown, KY*

*Mary Margaret Miller, M.D.
Richmond, KY*

*Samuel Gebring, II, M.D.
Flemingsburg, KY*

*Glen Scott, M.D.
Williamsburg, KY*

*Vernon Hart, M.D.
Ft. Meyers, FL*

*Robert Matheny, M.D.
Middlesboro, KY*

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UNIVERSITY OF KENTUCKY, EAST KENTUCKY



The University of Kentucky, East Kentucky Family Medicine Residency Program is located in Hazard, KY. The program is dual accredited by the Accreditation Council for Graduate Medical Education (ACGME) and the American Osteopathic Association (AOA) for four positions each program year. The program currently has a component of 11 residents.

The program's mission is to prepare family practitioners for careers in rural medicine that are dedicated to meeting the health care needs of the people of rural Appalachia. The residents' training is designed to prepare them for meeting the unique demands of a rural practice and for providing quality care in rural settings. Since the program's beginning in 1991, 63 residents have completed their family medicine training.

Dr. Anju Mani will be joining a Geriatric Medicine Fellowship at the University of Miami, Florida. Dr. Bhoodev Sharma will begin a hospitalist practice at Hazard ARH Medical Center in Hazard, Kentucky.

Our Graduating Class



Anju Mani, M.D.



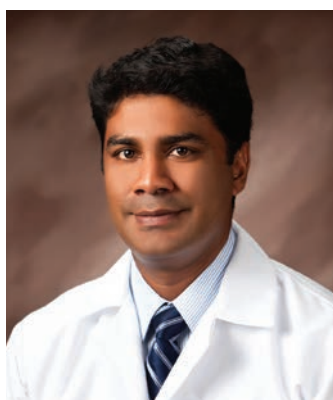
Bhoodev Sharma, M.D.

DIRECTOR'S NAME: **Angela Y. Rice, D.O.**, PHONE NUMBER: (606) 439-3557, Ext. 83565, FAX NUMBER: (606) 439-1131
WEB SITE: <http://www.mc.uky.edu/RuralHealth/res.asp>, E-MAIL: hrownbl0@email.uky.edu

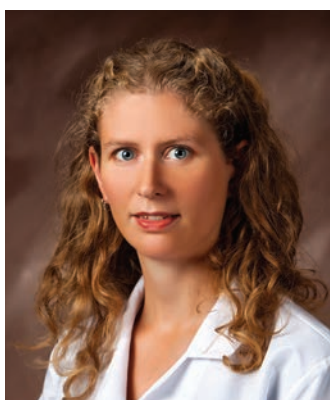


UNIVERSITY OF LOUISVILLE GLASGOW FAMILY MEDICINE RESIDENCY

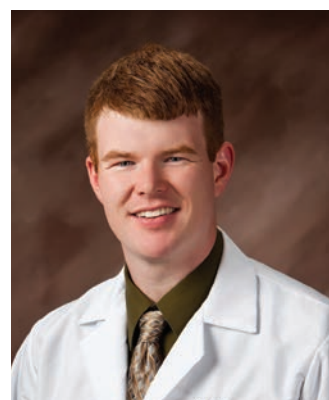
Graduating Class of 2012



Sudeep Reddy Kommidi, M.D.
Yakima, Washington
Start Date: August 2012



Sonia Elise Mariano, M.D.
Seattle, Washington
Start Date: October 2012



Matthew David Smith, M.D.
Hopkinsville, Kentucky
Start Date: August 2012

Director: **R. Brent Wright, M.D.**, 1325 North Race Street, Glasgow, KY 42141
PHONE: 270-651-4865 WEB SITE: www.glasgowfmr.com

Congratulations to our 2012 Graduates!!

It is with a heavy heart that we bid goodbye to our 2012 graduates. Being a rural training track and small residency program, we develop close relationships with the residents and feel like we are losing part of our family when they graduate and move on. Both Drs. Allamreddy and Barnes have been wonderful additions to our residency program and we know that they will excel in their practice and will provide quality services to their patients. We wish them the very best and can only hope that one day they will return to become part of our family medicine faculty and family!



For More Information, Contact:
 SITE DIRECTOR'S NAME: **Amy Conley-Sallaz, M.D.**
 PHONE NUMBER: (606)783-6455
 FAX NUMBER: (606) 784-2767
 WEB SITE: <http://fpresidency.org>
 E-MAIL: ajconley@st-claire.org



Swapna Allamreddy, M.D.
Dr. Allamreddy will be joining Capitol Community Health Center in Springfield, Illinois as a family medicine physician.



Brock Barnes, M.D.
Dr. Barnes will be joining Jennie Stuart Medical Center in Hopkinsville, Kentucky, where he will work with Bluegrass MD, in a family medicine group practice.



FAMILY PRACTICE RESIDENCY

Our goal was, and is, to increase the number of qualified primary care physicians practicing in rural, underserved areas. Trover Health System's Family Practice Residency Program was the first Family Practice Residency in the state of Kentucky. We opened our doors in 1971 to help increase the availability of quality family practice medical care. Our mission is excellent

care every time and our values are safety, quality, compassion, and accountability. There are currently 18 residents seeing patients in the Madisonville Trover Clinic through the Family Practice Residency Program. Including the 2011 class, there has been 185 graduates from our program.



Abdul Ahmed, M.D. is staying with Trover Health System.



Joylin Dsa, M.D. – is moving to Miffintown, PA and joining Family Health Associates.



Divya Chowdhary, M.D. is moving to Arizona and working in an out-patient setting.



Joshua Kitchens, M.D. – is joining Methodist Family Practice Group in Henderson, KY.



Ashwani Kumar, M.D. – is moving to Redding, CA where he will be a Hospitalist with Shasta Regional Center.



Vaishali Patel, M.D. – will be doing an Emergency Medicine Fellowship with West Tennessee General Hospital in Jackson, TN.



Maninderjit Singh, M.D. – is moving to Medesto, CA where he will be a Hospitalist with Gould Medical Group.

For more information, contact: 1-800-563-8327 | Web site: www.troverhealth.org



St. Elizabeth Family Medicine Residency

St. Elizabeth Residency in Family Medicine has maintained the highest standards of excellence for over thirty years in a nationally recognized and respected healthcare system. St. Elizabeth offers time-tested outstanding education in a highly collaborative, unopposed program, teaching broad spectrum Family Medicine with full support and encouragement of our Medical Community. We are very proud to present the graduating class of 2012 and their practice plans:



Olubukola Adelola, M.D.
Practice undecided



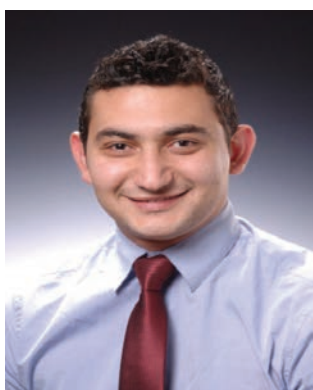
Tyler Browning, M.D.
*Sports Medicine
Fellowship*
St. Elizabeth



Avril Campbell, M.D.
Practice undecided



Vinamra Jain, M.D.
Practice in Florence KY



Basil Jaradah, M.D.
Obstetric Fellowship
St. Elizabeth



Malathi Kolipaka, M.D.
Practice undecided



Jeremy Schram, D.O.
Practice in Union KY

CONGRATULATIONS!
From Your Faculty and Staff

Donald J. Swikert, M.D., Program Director

St. Elizabeth Family Medicine Center
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UNIVERSITY OF KENTUCKY (LEXINGTON) Family and Community Medicine Residency Program

Over the last 38 years, our residency program has trained 245 graduates, the majority of which practice in Kentucky. Our mission statement demonstrates our three-fold purpose to recruit excellent students, to provide training that is second to none, individualized to the resident's needs, and to graduate family physicians who will become well-respected clinicians in their community. Our training encompasses experiences at the University of

Kentucky Hospital as well as providing continuity hospital care in a smaller more patient-centered, UK Good Samaritan Hospital within UK Healthcare. We also utilize community sites both in Lexington and in surrounding rural communities, allowing our program to have the best of both worlds and prepare our residents well for a wide variety of patient care needs. We are very proud of our 2012 Graduates.

OUR GRADUATING CLASS



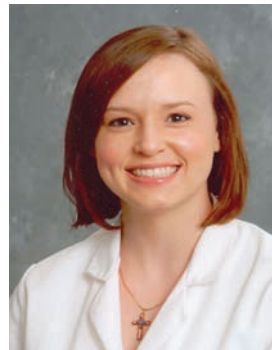
SreeValli Chamarthi, MBBS
Practice Site: Lexington, KY



Tabitha Culver, M.D.
Practice Site: Irvine, KY



Kimberly Collins, M.D.
Practice Site: Paducah, KY



Erin Drenkhahn Stephens, M.D.
Practice Site: Irvine, KY



Lydia Mustafic, M.D.
Practice Site: Lexington, KY



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Jill Rushton-Miller, MD
Practice Site: TBA

DIRECTOR'S NAME: **Michael King, M.D.**
PHONE NUMBER: (859) 323-6712
FAX NUMBER: (859) 323-6661
WEB SITE: www.mc.uky.edu/familymedicine
E-MAIL: jthoma2@email.uky.edu





UNIVERSITY OF
LOUISVILLE

UNIVERSITY OF LOUISVILLE

Family Medicine Residency Program

The University of Louisville Family Medicine Centers are divisions of the Department of Family and Geriatric Medicine at the University of Louisville School of Medicine. The faculty and residents are committed to providing quality patient care that requires the joint efforts of our patients, their families, and our staff. Our graduating residents for 2012 include: *Joshua Blair, M.D.* is joining a practice in Hopkinsville, KY. *Ivan Calderon, M.D.* and *Kristopher Fannin, M.D.* are joining practices in Louisville, KY. *Daniel Hartman, D.O.* is joining a practice in Nashville, TN. *Danielle Hill, M.D.* plans to practice in Atlanta, GA. *David Treese, M.D.*, *Alison Tucker, M.D.*, and *Ann Walker, M.D.* are joining practices in Louisville, KY, as well.

OUR GRADUATING SENIORS



Joahua Blair, M.D.



Ivan Calderon, M.D.



Kris Fannin, M.D.



Daniel Hartman, D.O.



Danielle Hill, M.D.



David Treese, M.D.



Allison Tucker, M.D.



Ann Walker, M.D.

For More Information, Contact:
DIRECTOR'S NAME: **Michael Ostapchuk, M.D.**
PHONE NUMBER: (502) 852-5499
FAX NUMBER: (502) 852-4944

WEB SITE: <http://www.louisville.edu/medschool/familymedicine>
E-MAIL: tanya.keenan@louisville.edu
PROGRAM CODE: 151230001
PROGRAM STRUCTURE: 4A



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References: **1.** Laurent PE, Bonnet S, Alchas P, et al. Evaluation of the clinical performance of a new intradermal vaccine administration technique and associated delivery system. *Vaccine*. 2007;25:8833-8842. **2.** Immunization Action Coalition. Administering vaccines: dose, route, site, and needle size. <http://www.immunize.org/catg.d/p3085.pdf>. Accessed November 8, 2011.

UNIVERSITY OF LOUISVILLE

Department of Family and Geriatric Medicine

This year has proven to be one of significant progress and change. Of great significance, our Department has now been incorporated into University of Louisville Physicians (ULP) as part of a consolidated University Practice group consisting of 600 physicians. We were the first Department to implement the Electronic Health Record (Allscripts) resulting in trial and tribulation with an expectation that eventually this new system would prove to be superior to the old paper charts.

Health Sciences: There have been major changes in the Health Sciences Administrative with the departure of the Dean of the School of Medicine, Dr. Edward Halperin, and the resignation of the Dean of the School of Public Health and Information Sciences, Dr. Richard Clover. Dr. David Dunn has been appointed as Executive Vice President for Health Sciences and has proven to be an advocate for Primary Care. The attempt to merge University Hospital with Jewish Hospital and Catholic Health initiative failed and at the present time University Hospital and the University is exploring new partnerships.

Undergraduate: Under the direction of Dr. Charles Kodner, the Introduction to Clinical Medicine course (ICM) implemented a new exciting curriculum for 1st and 2nd year students, the Longitudinal Standardized Patient program in

which students see the same standardized patient across the 2-year course. They learn about patient continuity, writing progress notes, and developing a longitudinal relationship with their patients. This program has been very well-received by students and standardized patients alike.

Madisonville: The University of Louisville School of Medicine Trover Campus (ULTC) in Madisonville, directed by FM faculty Dr. Bill Crump, enters its 15th year. To date, 42% of ULTC grads have chosen FM residencies, and 63% are in small town practice. This year began the ULTC Rural Medicine Accelerated Track (RMAT), the second program in the U.S. to be approved by the LCME to allow for completion of medical school in a total of 3 years. The first 2 RMAT students began their rural preceptorships this summer.

Residency Programs:

University of Louisville: Under the direction of Dr. Michael Ostapchuk the residency enjoyed one of the strongest matches in recent years. The RRC conducted a site visit this year. Preliminary reports are positive.

Glasgow Residency Program: Under the direction of Dr. Brent Wright an excellent group of students were recruited this past year and now with a full complement of faculty it is expected the program will be even more competitive. The program and faculty were featured

in a Kentucky Educational Television Special Report titled "Remaking Rural Health".

Fellowships:

Geriatrics:

Geriatrics had another successful year recruiting 3 fellows, contrary to national trends. In addition, the faculty, fellows and residents presented 7 papers at the American Geriatrics Society meeting.

Sports Medicine: The program continues to enjoy close relationship with the athletic departments at the University of Louisville and Bellarmine University. This continues to be a very competitive program and with assistance from Jewish Hospital, we now have access to office-based Musculoskeletal Ultrasound as part of our curriculum. During this past year, our faculty and fellows have produced numerous national presentations and publications. Dr. Jessica Stumbo is the American Medical Society for Sports Medicine legislative representative for the state of Kentucky and Dr. Jonathan Becker has recently been invited to the executive board of the Big East Sports Medicine Society.

Faculty: Dr. Christian Furman was selected for the Centers for Medicare and Medicaid Services' (CMS) Innovation Advisors Program. She is the only Kentuckian among the 73 individuals from 27 states and the District of Columbia selected to participate. Dr. Richard Clouse

continued on page 28



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was an invited speaker at a conference in Germany regarding Rural Family Medicine. Dr. Amelia Kiser was selected as a member of Leadership Kentucky Class of 2012. Dr. David Doukas led the National Conference on Medical Ethics called the PRIME Project in Louisville which was a resounding success and will have a huge impact on the curriculum in Medical Schools in the future. Dr. Brent Wright was awarded a Masters of Medical Management degree from the Marshall School of Business at the University of Southern California. Dr. Wright was also elected by the KMA Congress of Delegates to serve as a trustee from the 6th District.

Geriatrics: A sentinel event in the evolution of Geriatrics occurred with the ribbon-cutting ceremony for the new

clinical site in the Faculty Office Building (HCOC) which expands the clinical space from 1,000 sq ft to 5,000.

Polypharmacy: Our Polypharmacy program continues to expand and exert greater influence on healthy prescribing. This year a Fellow in Geriatric Pharmacology will be added to our training program.

Future: High priority for this coming year is to seek designation as a Level 3 Patient-Centered Medical Home. This initiative will be under the leadership of Dr. Renee Girdler, Vice Chair for Family Medicine. The search for my replacement as Chair has been activated as I will step down as Chair, June 30, 2013.

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Department of Family and Community Medicine (DFCM) at the UNIVERSITY OF KENTUCKY

Through its mission of improving the health of the people of Kentucky, and society at large, the UK Department of Family and Community Medicine (UK DFCM) continues to contribute to the social mission of the University of Kentucky. This involves direct service to patients, preparing students and residents to practice effectively in the areas where they are the most needed, engaging Kentucky communities in health-related research, and increasing the 'pipeline' of bright young people who will provide healthcare in the future.

Our annual DFCM retreat this year was devoted to navigating paths to the Patient Centered Medical Home (PCMH) for our residencies and for Kentucky family physicians in general. We were fortunate to have Anton Kuzel, MD as our facilitator and to have KAFP President Ron Walldridge, Jr., MD and Larry Fields, MD (past president of the AAFP) in attendance. Dr. Kuzel, Chairman of the Department of Family Medicine at the Virginia Commonwealth University shared his expertise in implementing the PCMH in fee-for-service environments and his related experience with the Virginia Academy of Family Physicians. Dr. Walldridge and Dr. Fields helped us plan productive collaborations with the KAFP and the AAFP in this regard. This planning dovetails with a five-year grant awarded last year to the DFCM from the U.S. Health Resources and Services Administration (HRSA) to support step-wise progress toward the PCMH.

The year brought changes in leadership and expansion of our faculty. Kevin Pearce, M.D., MPH accepted the position of Department Chair this Spring, after serving as Interim Chair throughout last year. Joe Kingery, D.O. accepted the position of Executive Director of the North Fork Valley Community Health Center in Hazard, where he also serves as Medical Director. This is a unique faculty position. We are proud that Dr. Kingery, along with Angela

Rice, D.O., Residency Program Director at Hazard, are becoming leaders in the movement to train Family Medicine residents in Community Health Centers.

Oscar Perez, D.O. of Paris, KY joined our Lexington unit this past fall as the Associate Residency Director, and Wade Rankin, D.O. of Maysville, KY joined us in December. Both are ABFM board-certified family physicians; Dr. Rankin also has a CAQ in Sports Medicine. We are continuing to recruit for a new physician faculty member in Hazard.

We are expanding the DFCM leadership team, recruiting for two faculty physician positions this year in Lexington: a Vice Chair and a Community Medicine Division Director. In alignment with the social mission of the UK College of Medicine, we are creating a new Community Medicine Division, devoted to expanding and accelerating our efforts to improve the health of Kentuckians through training physicians to address population-based factors that drive health, and through community-oriented research.

Our three university-administered residency programs, UK East Kentucky (Hazard), UK St. Clair (Morehead) and UK Lexington continue to thrive, attracting high-quality applicants. Our programs provide excellent training in a combination of model family medicine centers, with both university and community hospital inpatient settings. We welcome 12 bright new resident physicians this year into our "family," as we bode farewell to our twelve graduates.

Faculty and residents at all three sites are involved in research in areas pertinent to our mission, including practice-based quality improvement, chronic care, cancer prevention, complimentary-alternative medicine, community health, and uses of health information technology. The NIH Clinical and Translational Science Award to UK, the Kentucky Ambulatory Net-

work and the UK Centers for Rural Health provide critical infrastructure and support for university-community partnerships in clinical and health services research.

The first UK Rural Physicians Leadership program students graduated this year. They all matched in residency programs of their choice; and are on the way to becoming fully-trained physicians in the following specialties: family medicine, general surgery, pediatrics and psychiatry. With support from a five-year HRSA grant, we are further strengthening and expanding training opportunities in rural practice and community medicine for our medical students.

The UK Primary Care Sports Medicine Fellowship program graduated our 24rd and 25th fellows this year: Katherine Tolhurst, MD and Tyler Staley, MD. We trust that they will 'carry the UK flag' as they move on to practices in Georgia and Florida, respectively.

Our department's activities in Global Health are expanding. In his role as a UK Assistant Provost, Samuel Matheny, MD, MPH is building upon and strengthening UK's opportunities for health professions students, residents and faculty to have positive impacts on global health as they learn new skills and perspectives.

The UK Center for Interprofessional Healthcare Education, led by UK DFCM faculty member Andrea Pfeifle, Ed.D., continues to lead curricular changes across the colleges of Communications, Dentistry, Health Sciences, Law, Nursing, Medicine, Pharmacy, Public Health, and Social Work that will enable graduates to work collaboratively to improve the health of individuals and communities.

Overall, the UK Department of Family and Community Medicine is 'on the move' with lots of exciting work aimed at improving healthcare and the workforce who will deliver it, and we look forward to another year of close collaboration with the KAFP.

FIFTH ANNUAL RESIDENT SCHOLARLY EXHIBIT CONTEST

All family medicine residents across Kentucky were invited to participate in this year's scholarly exhibit contest. The KAFP received a total of seven submissions. The exhibits were on display at the 2012 KAFP 61st Annual Scientific Assembly. Mark Boyd, M.D., KAFP Immediate Past President presented awards to winners at the annual banquet. Congratulations to our Winners.



First Place – Bhoodev Sharma, M.D. from the East KY FMRP

Survey of Tobacco Use in Southeastern Kentucky

Bhoodev Sharma, M.D. • Tamara Knox, Psy.D.
Department of Family & Community Medicine • University of Kentucky

Background
Tobacco use remains a leading cause of preventable morbidity and mortality in the United States. In 2009, tobacco was responsible for 443,000 deaths, accounting for 17% of all deaths in the United States. The leading cause of death among men and women aged 15-64 years was tobacco use. In 2009, tobacco was responsible for 17% of all deaths in the United States. The leading cause of death among men and women aged 15-64 years was tobacco use. In 2009, tobacco was responsible for 17% of all deaths in the United States. The leading cause of death among men and women aged 15-64 years was tobacco use.

Objective
To assess tobacco dependence in our community and determine strategies to improve smoking cessation rates using a CRRP, we conducted a survey.

Methods
A cross-sectional survey of 100 participants was conducted in a rural clinic in Southeastern Kentucky. The survey included demographic information, tobacco use history, and readiness to quit. The survey was conducted in a rural clinic in Southeastern Kentucky. The survey included demographic information, tobacco use history, and readiness to quit.

Results
Participant Gender: 50% Male, 50% Female
Participant Age Range: 18-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75-84
Participant Knowledge of Smoking-Related Health Risks: 100% knew at least one risk
Participants Willingness to Quit Using Tobacco: 100% willing to quit
Smokers vs. Levels of Smoking Habits: 100% willing to quit
Previous Quit from Previous Clinics and Other Resources: 100% willing to quit

Conclusions
The study population demonstrated a high level of awareness of smoking-related health risks and a strong willingness to quit. This suggests that tobacco cessation interventions may be successful. Given this study's findings, a new tobacco cessation program is being developed for the community. The program will focus on providing support and resources for smokers who are ready to quit.

References
1. Centers for Disease Control and Prevention. (2009). *Tobacco Use and Smoking-Related Health Risks*.
2. Centers for Disease Control and Prevention. (2009). *Tobacco Use and Smoking-Related Health Risks*.



Second Place – Anju Mani, M.D. from the East KY FMRP

Geriatric Depression in a Rural Clinic Population

Anju Mani, M.D. • Tamara Knox, Psy.D.
Department of Family & Community Medicine • University of Kentucky

Background
Depression affects 15-20% of Americans aged 65 and older. Depression is often overlooked with appropriate treatment. Depression tends to be episodic and recurrent. It is often overlooked with appropriate treatment. Depression tends to be episodic and recurrent. It is often overlooked with appropriate treatment. Depression tends to be episodic and recurrent. It is often overlooked with appropriate treatment.

Objective
1. To identify the demographic and socio-economic profile of the elderly aged 65+ residing primarily in a rural clinic.
2. To determine the prevalence of elderly with depression as measured by Geriatric Depression Scale (GDS-15).
3. To measure the factors associated with elderly depression.

Methods
Sample size was calculated using the formula of 95% confidence interval and 10% margin of error. The sample size was calculated as 100. The sample size was calculated as 100. The sample size was calculated as 100.

Results
A total of 142 patients aged 65-89 participated in the study.
• Elderly Geriatric Depression Scale score was found to be 5.92 (range 0-15).
• Depression of elderly with depression: 34.5%.
• Depressed elderly not taking anti-depression: 25%.
• Depressed elderly not taking anti-depression: 48%.

Conclusions
The study population demonstrated a high prevalence of depression. This suggests that depression screening and treatment interventions may be successful. Given this study's findings, a new depression screening program is being developed for the community. The program will focus on providing support and resources for elderly patients who are ready to quit.



Third Place – Kimberly Collins, M.D. from the University of Kentucky FMRP

Improving Lab Reconciliation in a Family Medicine Clinic: A Lean Initiative

Kim Collins, M.D. • Kelli Pratt, D.O. • Brian Glover, D.O. • Saranne Peman, M.D.
Elizabeth Tovar, PhD, APRN • Oscar Perez Jr, D.O.
Department of Family and Community Medicine • University of Kentucky

Background
The Family and Community Medicine Residency Program at the University of Kentucky is a 3-year program. The program is a 3-year program. The program is a 3-year program. The program is a 3-year program. The program is a 3-year program.

Method
The team utilized a "Lean Initiative" to analyze the lab reconciliation process. The team utilized a "Lean Initiative" to analyze the lab reconciliation process. The team utilized a "Lean Initiative" to analyze the lab reconciliation process. The team utilized a "Lean Initiative" to analyze the lab reconciliation process.

Results
The team identified several areas for improvement. The team identified several areas for improvement. The team identified several areas for improvement. The team identified several areas for improvement. The team identified several areas for improvement.

Conclusions
The team successfully implemented a Lean Initiative to improve lab reconciliation. The team successfully implemented a Lean Initiative to improve lab reconciliation. The team successfully implemented a Lean Initiative to improve lab reconciliation. The team successfully implemented a Lean Initiative to improve lab reconciliation.

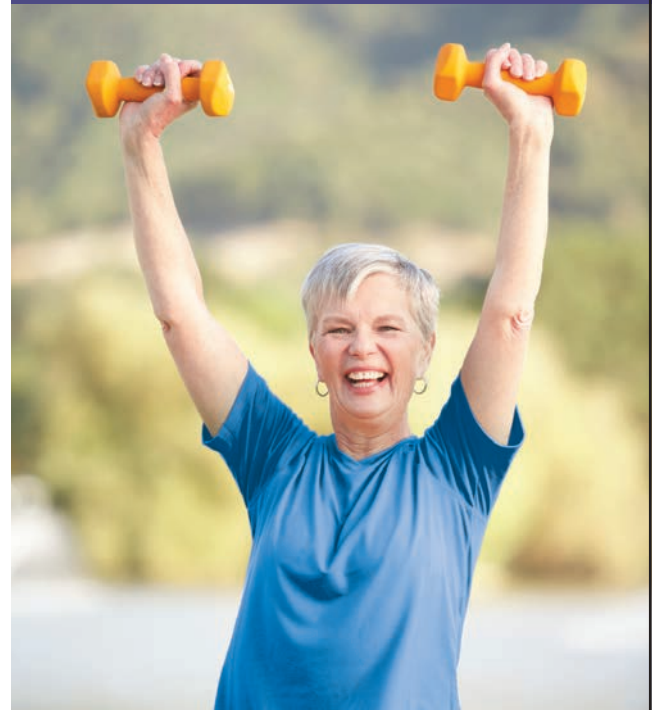
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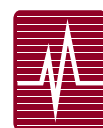
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