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KAFP SCIENTIFIC ASSEMBLY AWARDS and SPECIAL RESIDENT ISSUE





SUMMER 2010 , VOLUME 68



THE KENTUCKY ACADEMY OF FAMILY PHYSICIANS

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2010 KAFP CALENDAR

SOUTHEASTERN FORUM

Aug. 19-21, 2010 *Nashville, TN*

KMA – KAFP GROUP MEETING

Sept. 22, 2010

8:30 a.m. - 12:00 p.m.

Hyatt Regency Hotel

Louisville, KY

AAFP COD

September 27-29, 2010

Denver, CO

AAFP SCIENTIFIC ASSEMBLY

Sept. 29 - Oct.2, 2010

Denver, CO

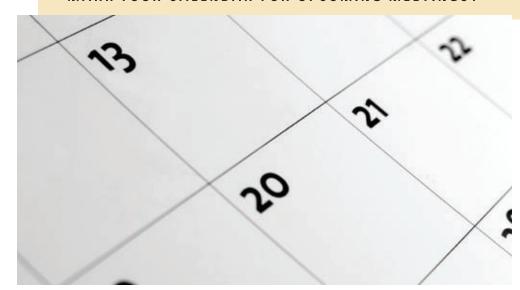
2011 TEN STATE CONFERENCE

February 11-13, 2011

Hotel Metro

Milwaukee, WI

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5

JOURNAL SUMMER 2010

rom the PRESIDENT



AS FAMILY
PHYSICIANS,
WE ARE THE
FIRST CONTACT
OUR PATIENTS
HAVE WITH THE
MEDICAL SYSTEM
AND THE LAST
HOPE WHEN
SPECIALISTS HAVE
GIVEN UP.



Gay Fulkerson, M.D., Immediate Past President, presenting awards to the new President.

Since discovering I would be installed as president of the KAFP, I have thought many times, "What were they thinking?" I finally decided either there was a momentary lapse of judgment or great courage in selecting me for this position.

In 1st Corinthians Chapter 12, Paul lists the gifts of the Spirit. I grew up thinking I missed out on all of these. For instance, when I was in Ecuador as part of a medical brigade for the Timmy Foundation, one of the medical students taught me a few phrases of Spanish to use with the patients. At the end of one visit, I stumbled through telling the patient, "Espero que siente muerta." After the interpreter informed me I had just told the patient, "I hope you die," I decided I would stick to English. As you can see, the gift of tongues is not in my repertoire. However, one day while working on a critically-ill newborn, stabilizing him for transport, I finally realized

my gift is the gift of healing. Somehow I had overlooked that gift in the scripture passage.

I am certain all of you realize what it took me so long to see, but I think it important to reiterate: As physicians, we are given this very special gift of healing. But, I also believe it takes someone special to be a family physician.

Recently, Lindsay, my middle daughter, called because my grandson had become ill. While she was talking, I heard his cough in the background. I told her he had croup and went over what to expect. Her husband was a little surprised by my ability to diagnose over the phone so quickly. When Lindsay told me about his reaction, I joked, "I'm that good." Now I was teasing, but as I thought about it, I realized we are THAT good. It is the family physician who touches the lives of patients in a personal way that specialists rarely do. Like it or not, for many of our patients, we become a part of the extended family because of that relationship. I am frequently humbled by patients stopping to tell me a story of how much I meant to them. They will give me details down to what I was wearing when I helped them through a significant event in their lives, even though it occurred 20 years ago. To me I was just doing my job, but to them I reached in and touched them at a time when they were most vulnerable and shared that gift of the Spirit.

Family physicians are unique in another very significant way. We are, in the words of Will Smith, the first, last, and best line of defense against the worst scum of the universe. As family physicians, we are the first contact our patients have with the medical system and the last hope when specialists have given up. Specialists may be allowed to quit, but we are privileged to walk with our patients through their final chapter. It is in walking this last walk, however difficult as it



Clark Bailey Cane Presentation

may be, that we have the opportunity to reach the fullness of what it means to be a healer.

When I went to Ecuador, I learned what it felt like to be powerless. I was in a foreign country

with a stethoscope, oto and ophthalmoscope, and what ingenuity I could muster to try to take care of whatever crossed my path. No lab, no X-ray, none of the conveniences we take for

granted. I was frustrated and intimidated, but I learned another very valuable lesson. Even though for most of the people I saw I could only help for a day, a week, at most a month, they were grateful for just being seen. It was then that I realized healing takes place at multiple levels: the physical, the mental, the emotional, and the spiritual. It is the last level that is perhaps the most significant, but in our culture the most overlooked. It is the reason touching the patient is so very important. There really is something magical about touch. It is the only way to reach someone on that spiritual level, to assist them with their burdens, to heal them. Ultimately, it is what makes a family physician.

But there is one other characteristic of the family physician. Like it or not, frequently we may be the only advocate our patient has. It is that part of family medicine that makes patients gravitate towards us. It is one other example of reaching out and touching at the spiritual level.

continued on page 8



Trover Health System Family Medicine Opportunities

THE DEPARTMENT OF FAMILY MEDICINE SEEKS QUALIFIED FAMILY PHYSICIANS FOR POSITIONS AT YOUR MAIN CAMPUS AND SATELLITE FACILITIES.



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- In **Madisonville, KY** Employment with Trover Health System, opportunity for Family Medicine physician to join as the Associate Director of the THS Family Medicine Residency Program. This practice is 80% teaching and 20% clinical, with no Obstetrics. We have a large catchmet area to provide a diverse patient population. Work with a collegial group of physicians with strong interest in teaching. Applicants must be BC in Family Medicine.
- In Hopkinsville, KY Employment with Trover Health System in our largest satellite facility as Family Medicine physician. Outstanding opportunity to join board certified, well established physicians in a very busy outpatient practice. Specialists rotate to clinic. BE or BC required.
- In Central City, KY Employment with Trover Health System in high-volume clinic. This is a traditional
 practice to follow patients in a local community hospital. New physician to join another BC Family Medicine
 physician in a successful practice.

We offer a strong compensation package based on experience and are market competitive. Our package includes health, life insurance, supplemental dental and vision, disability and paid malpractice insurance with tail coverage, time off, continuing education as well as a retirement plan. Enjoy our family oriented communities, with the opportunity to practice sophisticated medicine without the hassles of a large city. Award-winning schools, low cost of living, fine arts as well as abundant outdoor activities make our area an attractive choice.

Many years ago during residency, I pulled the following article out of a newsletter. It spoke a lot to me then as a young physician and still speaks to me today. Unfortunately, I didn't find the author's name, but it is entitled Reach Out and Touch:



Ina W. Fulkerson, mother of the Immediate Past President, passing the spouse's pin to the new First Lady Melinda Prunty.



Ken Bertka, M.D., AAFP Board Member, with President Marshall Prunty, M.D., and Melinda Prunty.



Immediate Past President Gay Fulkerson, M.D., with new President Marshall Prunty, M.D.

REACH OUT AND TOUCH

Reach out your hand and touch me - if you dare. I am sick, afraid, insecure, fearful, apprehensive, lonely and misunderstood. I have no particular age, color, creed, or sex, but I share with others one particular emotion – fear of the unknown. I am a patient.

Your voice on the telephone answers my cry for help. Make it warm and kind and concerned. I usually feel that my problem is unique. If I seem unreasonable to you, please consider that I have been up all night with a feverish, crying child. Keep your defenses down. Have the wisdom to see through my outside façade to the scared, tired mother underneath. Lend me your sympathetic ear. Even if I call only for an appointment, make your voice smile so that I can be glad I called.

But it's when I cross the threshold to your office that my real fears begin. Why, you ask, should a 200-pound man in for a routine checkup be afraid? I did not recognize my emotion as fear, but something is there, nevertheless, and I do not like its feeling. Accept me by your smile. Acknowledge my presence. Call me by name. Help me to feel in control again.

And if my outward appearance is that of an attractive young matron with a smile which is a trifle too tight for your liking, speak a few words to me as well. I have discovered a lump and I am frozen with fear. My days and nights are haunted with thoughts of "what if..." I need a cheery greeting for my sagging morale, but most importantly, I need for you to emit an air of confidence. Give me positive thoughts about myself. I need your calm assurance to let me know I've come to the right place and that you are glad I've come.

When my step is unsure and my mind tends to wander a bit, give me your patience. My ways are childish, but I do not want to be treated as a child. Grant me the dignity of my age. I'll undress for you as fast as my stiff fingers will allow. As you wait, ask me about my grandchildren, or better still, ask for my recipe for green tomato pickle. I want so much to feel needed. Embrace me with your patience.

It's easy to love the lovely, but how about me - the dirty, smelly, unlovely bit of humanity that you see. My hair has never been styled in a beauty salon. I know so little of the niceties you enjoy, and I stand in awe of you in your immaculate white - so cool, sweet-smelling and secure. My world is different from yours. What do you know of near starvation and trying to rear six children on a pitiful amount of money, of no heat in the winter and outside toilets? "Anyone can stay clean," you say. Maybe in your world, but everything is more difficult in mine. It's easy for you to turn away. Don't reduce me still further. Touch my hand or my arm. Explain what's about to happen to me. Don't let me see the distaste in your eyes. Let me see instead your humility.

On and on we come - as unhappy children, misunderstood teenagers, elated new parents and tired old folks. We are all different, but our needs are exactly the same.

Can you think of me as a person and not just a patient? Are you willing to smile when your feet burt, to linger when you need to hurry, to always remain calm and unruffled? To keep offering the cup of kindness time and time again, even when it's not returned to you? Do you really care what happens to me, and is there enough of you to handle all the details of your job and still have time to show genuine concern for me? Do you love enough to reach out and touch me? I wonder.

we are truly blessed to be family physicians. I am proud to be a family physician. It is the only type of physician I ever wanted to be. I am humbled to be chosen to be the face of

We are privileged to be physicians, but family medicine in Kentucky this next year. In accepting this task I hope to vindicate your courage and pray that I won't expose your lapse of intelligence.

Thank you.

CLARK BAILEY CANE

William Clark Bailey, M.D., 1900-1957, was one of the earliest physicians to practice in Harlan, Kentucky. He was founder of the Kentucky Academy of General Practice (now the Kentucky Academy of Family Physicians), President of the Kentucky State Medical Association in 1952, and a Vice President of the American Medical Association.

SHIRLEY WITTEN SPOUSE PIN

Carroll L. Witten, M.D., served as President of the Kentucky Academy of Family Physicians in 1965-66 and President of the American Academy of Family Physicians in 1966-1967. Following Dr. Witten's death in 1993, his widow, Shirley, presented the Kentucky Academy with her AAFP spouse pin. The tradition was then established to pass the pin to the incoming President's spouse each year.



LETTER FROM THE GUEST EDITOR:

It is an honor to be your guest editor for this special journal issue that focuses on our recent graduating family medicine residents. When Dr. Bill Crump from Madisonville, KAFP Communication Committee chair/KAFP Journal senior editor, approached me to do this issue, I assured him there were others more quali-

back to your "Old Kentucky Home." So, to our readership, take this issue and place it on your coffee table at home or on your office desk. If there is a graduate from one of our programs that will be moving into your community, then take some time to drop them a note, or better yet stop by their office and take them to lunch.

Our American Academy of Family Physicians, when it was under the leadership of our own Dr. Larry S. Fields from Ashland, past president of AAFP and former KAFP past president, started out on a campaign to promote the value of the specialty of family medicine through the concept of the Patient Centered Medical Home. I am pleased to read in a recent New York Times article that Secretary Sebelius has called the medical home idea "one of our most promising models for improving the quality of care and bringing down health care costs."

fied, but after much persistence, I agreed to do it. It is my understanding that this issue is the brainchild of Dr. Brent Wright from Glasgow, KAFP past president. Dr. Wright envisioned that this issue would provide our readership with the faces of our most recent "Band of Brothers" so that we who have done the trail blazing can help to make these new physicians feel comfortable with their transition from residency to private practice in our communities. Also, this Journal is sent out to our former residency graduates who have elected to travel to other parts of the country to share news with them about how things are going at their former programs and schools of medicine. Dr. E.C. Seeley told me recently that when this first issue came out that he received an e-mail from a former graduate who is practicing in another state. So, for those of you who are out of state - we welcome hearing from you on how you are doing and hope you will remember to come

This issue also includes articles and photos of our award winners, quiz bowl teams, and an article from the current president. I would encourage you to drop these folks a note of congratulations and encouragement.

Our American Academy of Family Physicians, when it was under the leadership of our own Dr. Larry S. Fields from Ashland, past president of AAFP and former KAFP past president, started out on a campaign to promote the value of the specialty of family medicine through the concept of the Patient Centered Medical Home. I am pleased to read in a recent New York Times article that Secretary Sebelius has called the medical home idea "one of our most promising models for improving the quality of care and bringing down health care costs." So, I would like to conclude by saying, "Please join me in welcoming our new family physicians into their communities and in acknowledging our award winners and newly installed KAFP president."

...THIS ISSUE WOULD PROVIDE OUR READERSHIP WITH THE FACES OF OUR MOST RECENT "BAND OF BROTHERS" SO THAT WE WHO HAVE DONE THE TRAIL BLAZING CAN HELP TO MAKE THESE NEW PHYSICIANS FEEL COMFORTABLE WITH THEIR TRANSITION FROM RESIDENCY TO PRIVATE PRACTICE IN OUR COMMUNITIES.



GET INVOLVED

The Kentucky Academy of Family Physician's Executive Committee needs your involvement. A standing committee list with a brief synopsis is listed below. If you are interested in serving, you can either send us your preference by faxing this page to (888)287-0662 or by e-mailing janice.hechesky@gmail.com.

We recognize your time is valuable, and therefore, we structure our committee meetings as needed. Typically, committees meet as directed by their chairs via conference call. The agenda is sent in advance of conference call with the objective of holding the meeting under 50 minutes. Delegates to the KAFP Congress typically meet annually at the Scientific Assembly for approximately two hours.

ADVOCACY COMMITTEE: Chaired by Nancy Swikert, M.D., and Brent Wright, M.D.; this committee identifies members' interests and uses mechanisms to advocate for those interests, effectively and efficiently using the resources of the KAFP; identifies the needs of our patients and advocates for those interests, effectively and efficiently using the resources of the KAFP; and, educates the public, public, private and governmental agencies about the importance of a "Medical Home."

BYLAWS COMMITTEE: Chaired by E.C. Seeley, M.D., and Robert Wood, M.D.; this committee is responsible for providing guidance to KAFP leadership on policies and procedures for Chapter Governance.

COMMUNICATION COMMITTEE: Chaired by Bill Crump, M.D., with the assistance of Stevens Wrightson, M.D., and Stephen Wheeler, M.D.; this committee is responsible for communicating the activities of the KAFP as it pertains to the present and the future via the Journal, Web site and e-mail.

EDUCATION COMMITTEE: Chaired by Paul Dassow, M.D., and Charles Kodner, M.D.; this committee is responsible for developing CME that is targeted to the needs of membership.

FINANCE COMMITTEE: Chaired by Treasurer John Darnell, Jr., M.D.; this committee is responsible for financial operations of the KAFP.

KAFP FOUNDATION: Chaired by Nancy Swikert, M.D., and Baretta Casey, M.D.; this committee is responsible for the operation of the philanthropic organization that supports undergraduate and graduate education in Kentucky, and for KAN's research initiatives that support the private practice of family medicine.

DELEGATES TO THE KAFP CONGRESS: Chaired by the **Speaker Rick Miles, M.D.**, and **Vice-Speaker Drema Hunt, M.D.**; the KAFP Congress of Delegates meets annually or as called by the Board of Directors of the KAFP to review future and prior year programs and proposals; resolutions submitted by districts to be presented at the AAFP; and provide guidance to the KAFP Board of Directors on activities of the KAFP.

YES, I AM INTERESTED IN: print name list committee/committees preference e-mail/fax number



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AAFP TOBACCO CESSATION OFFICE CHAMPIONS PILOT PROJECT

Deadline to apply is Aug. 16, 2010

The AAFP is recruiting 50 family medicine offices for a pilot project that encourages and teaches Office Champions to implement system changes and integrate tobacco cessation activities into daily office routines. Practices that participate in

PRACTICES THAT COMPLETE THE PROGRAM WILL RECEIVE \$3,500 FROM AAFP TO COVER ADMINISTRATIVE COSTS, PLUS A RECOGNITION KIT WITH MATERIALS TO BE USED TO COMMUNICATE THEIR SUCCESS, INCLUDING A PRESS RELEASE, CERTIFICATES, POSTERS, AN ARTICLE FOR PATIENT NEWSLETTERS, AND ELECTRONIC "TOBACCO TREATMENT EXCELLENCE" LOGOS.

the pilot will designate an Office Champion to lead the project and communicate results to the AAFP. Office Champions will be required to complete a training program, submit an implementation plan, and track and report results. Sites will be selected to ensure a wide geographic representation, a range of practice types and sizes, and a variety of practice settings (urban, rural, suburban). Applications are due by Aug. 16, 2010. Participating sites will be announced in September, and project implementation and evaluation will take place from October 2010 through May 2011.

Practices that complete the program will receive \$3,500 from AAFP to cover administrative costs, plus a recognition kit with materials to be used to communicate their success, including a press release, certificates, posters, an article for patient newsletters, and electronic "Tobacco Treatment Excellence" logos. Participating offices will also be recognized in an advertisement in *American Family Physician*, in materials distributed at the AAFP Scientific Assembly, and on the AAFP Web site. To apply, complete application on the next page.

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*Dividend effective June 1, 2009. Dividend payments are declared at the discretion of the MAG Mutual Insurance Company Board of Directors.





Application for Tobacco Cessation Office Champions Pilot Project

Practice Name	
Practice Address	· · · · · · · · · · · · · · · · · · ·
Practice City/State/Zip	· · · · · · · · · · · · · · · · · · ·
Practice Phone Number	
Number of physicians in practice	Number of FTE non-physician staff
Number of active patients	Practice setting: ☐ Urban ☐ Suburban ☐ Rural
Are you a family medicine residency program	n? ☐ Yes ☐ No
Do you use an EHR/EMR in your practice (no	ot required for participation)?
What is your current system for identification	and treatment of patients who use tobacco?
Why are you interested in participating in this	project?
Office Champion: The Office Champion is responsible for reconintegrate tobacco cessation activities into the	nmending and implementing office system changes to practice's daily office routines.
Name	· · · · · · · · · · · · · · · · · · ·
Title	
Direct Phone Number	E-mail address
Name and title of person who will assume Off	fice Champion role in the event that designated champ
unable to fulfill duties	

Physician Champion:

The Physician Champion is responsible for ensuring that the practice's physicians and staff support the AAFP Office Champion project, and that the Office Champion is allocated adequate time, resources and support to fulfill the responsibilities of the Champion role.

Name	
AAFP ID#	E-mail address

By signing this document, I agree to the following:

- Our Office Champion will complete the Office Champions training program, including an online course, a teleconference and review of a practice manual.
- Our Office Champion or Physician Champion will present an overview of the Office Champions project to our practice's physicians and staff at a staff meeting in September or October 2010.
- We will complete a pre- and post-project chart review of 20 patient charts, following parameters distributed during the course of the project.
- Our office will identify and implement system changes to better integrate tobacco cessation activities into the practice's daily office routines and to create a culture that encourages tobacco cessation.
- Our Office Champion will be allocated adequate time, resources and support to fulfill the responsibilities of the champion role.
- Our practice will participate in all phases of program evaluation including chart reviews, surveys, phone interviews and site visit (if selected for visit).

I understand that my practice will receive \$3,500 to cover administrative costs associated with the project, based on the following milestones:

- \$1,000 to be awarded following completion of the online training program and teleconference, pre-project chart review, and staff meeting, approximately December 2010.
- \$1,000 to be awarded following submission of implementation plan, approximately February 2011.
- \$1,500 to be awarded following completion of all phases of program evaluation including chart reviews, surveys, phone interviews and site visit (if selected for visit), approximately May 2011.

Office Champion	 Date
Physician Champion	Date

If you have any questions, please contact Pamela Rodriguez at PRodriguez@aafp.org.

Return this form no later than 8/16/10 to:
Pamela Rodriguez
American Academy of Family Physicians
11400 Tomahawk Creek Parkway, Leawood, KS 66211
Fax: 913-906-6099



13

This project is supported by Pfizer Inc



2010 KAFP DISTINGUISHED SERVICE AWARD

Dr. Greg Cooper Receives "Distinguished Service Award"

The Kentucky Academy of Family Physicians' 2010 "Distinguished Service Award" was presented to Dr. Greg Cooper, who like his father and grandfather before him has honored the medical tradition with his strong commitment to family medicine.

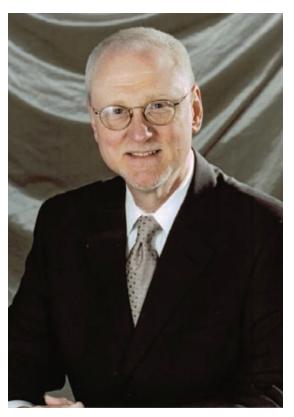
DARWIN ROOT
CALLED DR. COOPER A
"RENAISSANCE MAN,"
CITING HIS DEDICATION
TO HIS PROFESSION,
LOVE OF NATURE AND
OUTDOOR SPORTS,
APPRECIATION OF MUSIC
AND ART, ROLE AS A
MENTOR AND TEACHER
AND DEVOTION TO HIS
FAMILY AND CHURCH.

Darwin Root called Dr. Cooper a "Renaissance Man," citing his dedication to his profession, love of nature and outdoor sports, appreciation of music and art, role as a mentor and teacher and devotion to his family and church.

Dr. Cooper practices with two partners in Cynthiana and Falmouth. He graduated from Centre College and then the University of Louisville School of Medicine. He served on the Harrison Memorial Hospital (HMH) Board of Trustees in 1992 and 1993 as chief of staff. He has also been a valuable trustee for the past seven years. Under his leadership, the hospital completed two renovation projects; held two strategic

planning retreats for board members, physicians and senior managers; and upgraded to a 64-slice CT scanner, among other accomplishments.

As a past Rotary president and active Rotarian, he participates in many community charity events. He is a Paul Harris Fellow with Rotary International, a high honor that recognizes him for his service to humanity. Dr. Cooper has actively promoted the Rotary's "Polio Plus" initiative, a program to eradicate polio. He contributes to the cause and provides programs at other Rotary Clubs to educate people and solicit contributions.



GREG COOPER, M.D.

Dr. Cooper also has a strong sense of faith and has been an active member of the Cynthiana Presbyterian Church. A past elder and deacon, he has served on several committees and has taught Sunday school.

Pastor Arthur J. DeYoung recalled when a 3-year-old girl came out of the church nursery class and Dr. Cooper came out of the confirmation class at the same time. When they saw each other in the hallway, she exclaimed: "Hi, I feel better!" They smiled at each other and held hands.

That was just what she needed ... just what the doctor ordered.



Rick Miles, M.D. is the 2010 recipient of the Citizen Doctor of the Year Award from the Kentucky Academy of Family Physicians (KAFP).

The Kentucky Academy of Family Physicians' 2010 "Citizen Doctor of the Year" is Dr. Rick Miles, a Russell Springs physician who has devoted his career and his life to his adopted rural community.

"Dr. Miles came to our community as an adult, a practicing physician looking for opportunity and a means to serve others: He is not a 'native,'" Russell Schools' Athletic Director Rita Branscum said in her nomination letter. "He had no family here; his wife had no family here... Dr. Miles came to us from Louisville with two other physicians. Eventually, the others migrated back to the city; Dr. Miles - to our good fortune - stayed and made our town his home."

Dr. Miles - who was honored at a ceremony June 12 - runs a successful medical practice where he has provided health care to families for the past 30 years. He moved to Russell Springs, Ky., in 1980 and was instrumental in starting the Russell County Hospital in 1981. In addition to his private practice, he has served the professional community as well. His posts include: Kentucky Peer Review Organization Board of Directors member (1982 - 1987); chairman of the Medicaid Drug Formulary Advisory Committee (1992 - 1994); Fourth Region Medicaid Managed Care Committee member (1999 - 2000); Board of Directors member of Health Kentucky, Inc. (1999 - 2006); chairman, KAFP Ad Hoc Committee on Tobacco Money (1999 - 2000); and member of several Kentucky Medical Association committees.

He's also been civic-minded, serving on the Habitat for Humanity Steering Committee, teaching sex education and other health-related subjects to school children and "He appears to many as a likeness of the character of a modern day Dr. Marcus Welby, upholding the virtues of long hours of work to bring benefit and solace to those in need, while retaining a sense of propriety for his family and those near to him."

performing free sports physicals for the town's student athletes. He also donated first-aid supplies to the athletic department and has been active in his church, local schools, civic groups and community boards.

"He appears to many as a likeness of the character of a modern day Dr. Marcus Welby, upholding the virtues of long hours of work to bring benefit and solace to those in need, while retaining a sense of propriety for his family and those near to him," said Dr. Robert William Prasad Steiner in his nomination letter.

The Citizen Doctor of the Year Award, sponsored by KAFP, honors an outstanding, community-minded family physician who provides compassionate, comprehensive care. Eligible nominees must be members of KAFP. Candidates serve as role models professionally and personally to their communities, other health-care professionals, young physicians in training and medical students.

The ceremony honoring Dr. Miles was held June 12 at the Marriott Cincinnati Riverfront in Covington, Ky. He joins the ranks of over 50 doctors who have received this high honor.



Gay Fulkerson, M.D., presents Rick Miles, M.D., with the Citizen Doctor of the Year award at the 59th Annual Scientific Assembly in Covington, Ky.



Dr. Miles with his mother, Fay Miles.



Dr. Miles celebrated with his family, Jeremy Lewis, Casey Lewis, M.D., Sean Lewis, Terry Miles, Issac Lewis, Fay Miles, Marilyn Clark, Wayne Clark and Nick Miles.

JUNE 24, 2010

BALANCE SHEET: The balance sheet enclosed dated May 31, 2010, reflects a balance of \$94,281.77. The updated Hillard Lyons investment report has not been posted to the account but is attached. It reflects \$54,136.20 in investments compared to the balance sheet which reflected the year end 2008 amount of \$54,584.34. It is important to note that our investments low point was in May 2009 when they were \$40,896.

PROJ	ECTS	FUND	ED:
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1.	UK students to NRSC	\$5,000;
2.	U of L students to NRSC	\$5,000;
3.	Resident Board member to NRSC	\$1,000;
4.	Student Board member to NRSC	\$1,000;
5.	Resident Board member to Patient Education Conference	\$1,000;
6.	William D. and Peggy Pratt Memorial Scholarship Award to the UK's Outstanding Student Award	\$650;
7.	Walter and Helene Zukof Memorial Scholarship Award to the U of L's Outstanding Student	\$650;
8.	Resident Poster Contest Awards	\$1,800;
9.	Resident Quiz Bowl Prizes	\$6,000;
10	. Resident Quiz Bowl Participants' Awards	\$1,200;
11.	. Active KAFP Physician stipend for Leadership Kentucky	\$600.

FOR BOARD INFORMATION: Ms. Diana Ratliff, president of Leadership Kentucky, will be our special guest to provide information on our collaborative project.

TOTAL FUNDED PROJECTED = \$23,900.

Respectfully submitted:

Nancy Swikert, M.D. Date: June 24, 2010

President

NOTES:							
1. Foundation Board increased the annual Outstanding Student Award from \$500 to \$650 in 2007.							
2. Any excess funds from KAFP Foundation fundraising events will be used towards students to attend NRSC.							
3. Foundation Board changes the Resident Quiz Bowl award for 2008 to: 1st place \$2,500; 2nd place \$1,500; 3rd place \$1,000; and 4th -7th \$250 each.							
4. Foundation Board approved offer \$600 stipend for a KAFP active member to attend Leadership Kentucky.							
	(са	ut-line)					
I would like to help educational and practice-based research of the following: Practice-Based Research; So General fund used to support Family Medicine Res	cholarships f	or Medical Student to at	ttend National	Resident and Student Conference;			
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E-mail Address	Phone _		Fax				
A11 16							

All gifts are tax deductible to the extent of the law.

FIFTH ANNUAL RESIDENT QUIZ BOWL



The Kentucky Academy of Family Physicians Foundation proudly presents to three-time winner East Kentucky FMRP.



Guest Moderator - Secretary Janie Miller, Kentucky Cabinet for Health and Family Services



Program Chair - Mark A. Boyd, M.D., Associate Director of the St. Elizabeth Healthcare FMRP

Past Winners

2006 Winner – Trover Family Health Systems FMRP

2007 Winner – University of Louisville FMRP

2008 Winner – East Kentucky FMRP

2009 Winners – East Kentucky, St. Elizabeth, UK and U of L FMRP

Thank You to Our Supporters

Kentucky Academy of Family Physicians Foundation American Academy of Family Physicians Foundation University of Kentucky College of Medicine University of Kentucky Physicians Liaison Program University of Kentucky Professions Placement Services



Glasgow FMRP – Melenda Miller, M.D., PGY-2, and Linsey Neuhaus, M.D., PGY-2



East Kentucky FMRP – Sobia Amjad, M.D, PGY-3, and Key Douthitt, M.D, PGY-3



Trover FMRP – Joylin Dsa, M.D., PGY-1, and Haresh Boghara, M.D., PGY-2



St. Claire FMRP – Naga Perisetti, M.D., PGY-2, and Brock Barnes, M.D., PGY-1



St. Elizabeth FMRP – Heidi Sharp, M.D., PGY-3, and Monica Sullivan, M.D., PGY-3



University of Kentucky FMRP – Ering Drenkhahn, M.D., PGY-1, and Allison Vann, M.D., PGY-3



University of Louisville FMRP – Simon Spilkin, M.D., PGY-2, and Haroon Mian, M.D., PGY-2



2010 KAFP 59TH ANNUAL SCIENTIFIC ASSEMBLY AWARDS







REBECCA LYN OSBORNE

OUTSTANDING SENIOR MEDICAL STUDENT AWARD

William D. and Peggy Pratt Memorial Scholarship Award University of Kentucky - Sarah Marks

Walter and Helene Zukof Memorial Scholarship Award University of Louisville - Rebecca Lyn Osborne



FULL-TIME FACULTY DONNA ROBERTS, M.D., UNIVERSITY OF LOUISVILLE



FULL-TIME FACULTY JENNIFER JOYCE, M.D., UNIVERSITY OF KENTUCKY



VOLUNTEER FACULTY
GLENN WOMACK, M.D.,
UNIVERSITY OF LOUISVILLE

EXEMPLARY TEACHING AWARDS

The Kentucky Academy of Family Physicians honored three doctors for helping mold a new generation of physicians through their teaching: Drs. Donna Roberts, Jennifer Joyce and Glenn Womack.

Drs. Roberts and Joyce won Full-Time Teaching Awards, while Dr. Womack earned the Volunteer Teaching Award. Students and colleagues praised all three.

"Dr. Roberts has an impressive CV, but more than the CV, I admire her as a person of courage, integrity and kindness," Clinical Instructor Nancy Kuppersmith wrote in her nomination letter. "I feel she leads most by her example. It is amazing how quietly Dr. Roberts accomplishes many tasks with few noticing the impressive and creative trail she leaves."

Dr. Donna Roberts' accomplishments are many. She has been a clinical professor in the Department of Family and Geriatric Medicine at the University of Louisville since 2007 and also works parttime at a Louisville private practice. She earned her M.D. degree from West Virginia School of Medicine, served as chief resident at U of L and premier educator at U of L, won Outstanding Resident of the Year in the family practice department at U of L in 1984 and has given numerous presentations on everything from health literacy to teen obesity. She currently volunteers for the Greater Louisville Organization of Health Clinics and is responsible for supervising second-year medical students at a clinic providing low-cost primary care to immigrants.

Dr. Joyce, associate professor and director of pre-doctoral education at the University of Kentucky, is equally accomplished and respected. In a letter supporting Joyce, Maria Hy of the class of 2010 at the UK College of Medicine said she "learned a different definition of 'healing' that went far beyond coming up with the correct diagnosis." "I learned how to ask open-ended questions that encouraged patients to share, and I learned how to actively listen and recognize my own personal biases, and I learned how to partner with difficult patients instead of becoming angry at their complicated social situations. I learned all this by observing Dr. Joyce with her patients and participating in their care."

Dr. Joyce earned her M.D. from Indiana University School of Medicine, was chief resident at Cook County Hospital's family practice in Chicago from 1995-96, and served as medical director and faculty advisor to UK's student-run free clinic.

Volunteer teaching award winner Dr. Womack is an associate professor at UK, an assistant clinical professor at U of L and an assistant clinical professor at Pikeville College School of Medicine. He graduated from the U of L School of Medicine, and since 1973 has had an appointment at Fleming County Hospital in Flemingsburg as an associate.

"Students are given the appropriate leeway to independently evaluate the patients and formulate a management plan, then present the assessment and management plan to Dr. Womack," wrote Dr. Donna M. Roberts, director of predoctoral education at U of L. "This allows for one-on-one teaching, which they value. Since Dr. Womack maintains a busy hospital practice as well, they see the breadth of family medicine when working with him."



ADELINA BIAGTAN, M.D., LOUISVILLE, KY

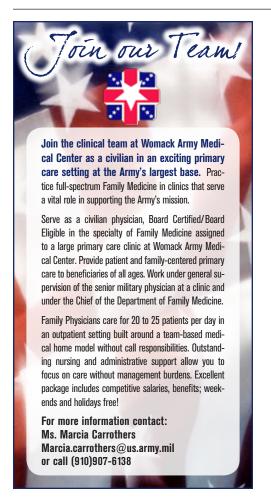
50 YEAR AWARD

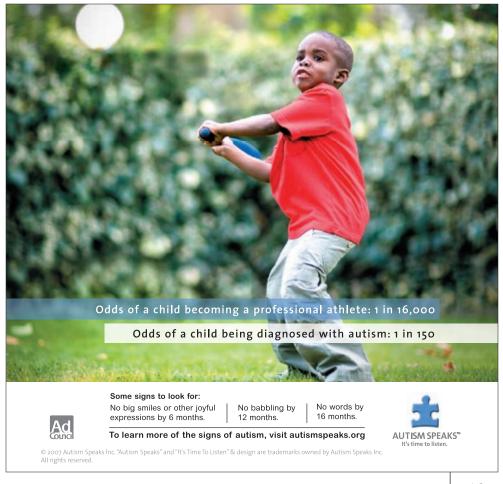
The Kentucky Academy of Family Physicians honored physician members who graduated from medical school 50 years ago at the 59th Annual Scientific Assembly Banquet. Gay Fulkerson, M.D., Master of Ceremony, presented awards to the 1960 Medical School Graduates. We were honored to have Adelina C. Biagtan, M.D., present to receive her award.

Honored physicians who were unable to attend the event were:

George Barber, M.D., Morehead, KY Donald Barton, M.D., Corbin, KY Stuart Cohen, M.D., Louisville, KY John Jones, M.D., Flatwoods, KY Charles Mathis, M.D., Russellville, KY John McClellan Jr., M.D., Henderson, KY Jack Perlman, M.D., Louisville, KY C. Kenneth Peters, M.D., Louisville, KY James Schrand, M.D., Florence, KY Darl Shipp, M.D., Dry Ridge, KY

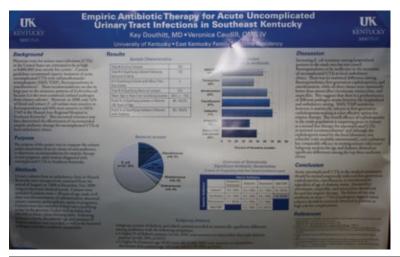
Don Stephens, M.D., Cynthiana, KY Dewey Wood, M.D., Russellville, KY Richard Wan, M.D., Morgantown, KY Max Wheeler, M.D., Ashland, KY





THIRD ANNUAL RESIDENT SCHOLARLY EXHIBIT CONTEST

All family medicine residents across Kentucky were invited to participate in this activity. We had a great turn out with a total of six submissions. Exhibits were on display at the 2010 59th Annual Scientific Assembly. Dr. Gay Fulkerson, Master of Ceremony at the annual banquet, presented awards to the winners. Congratulations to our Winners!



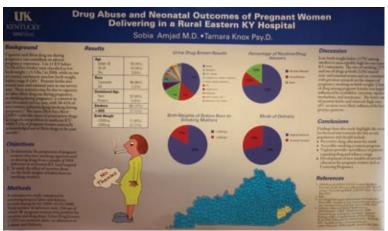


Primary Author: Key Douthitt, M.D.



Title: Empiric Antibiotic Therapy for Acute Uncomplicated Urinary Tract Infections in Southeast Kentucky

Program: East Kentucky Family Medicine Residency Program



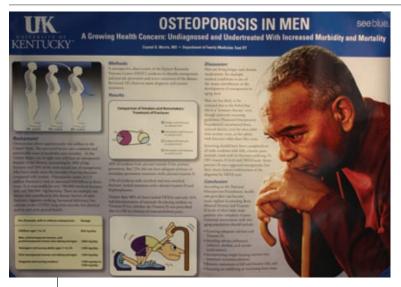
SECOND PLACF

Primary Author: Sobia Amjad, M.D.



Title: Drug Abuse and Neonatal Outcomes of Pregnant Women Delivering in a Rural Eastern Kentucky Hospital

Program: East Kentucky Family Medicine Residency Program



THIRD PLACE

Primary Author: Crystal Martin, M.D.

Title: Osteoporosis in Men

A Growing Health Concern: Undiagnosed and Undertreated

with Increased Morbidity and Mortality

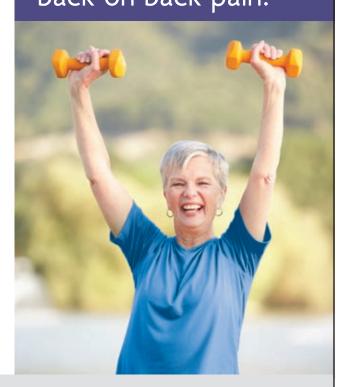
Program: East Kentucky Family Medicine Residency Program

If you're over 50 or have osteoporosis, it's important that you don't ignore your back pain. It may signal a spinal fracture. See your doctor right away if you think you may have one.

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Although the complication rate with KYPHON® Balloon Kyphoplasty has been demonstrated to be low, as with most surgical procedures, there are risks associated with the procedure, including serious complications. This procedure is not for everyone. A prescription is required. Please consult your physician for a full discussion of risks and whether this procedure is right for you. © 2008 Medtronic Spine LLC. All Rights Reserved.

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THE KENTUCKY ACADEMY OF FAMILY PHYSICIANS CONGRATULATES THE CLASS OF 2010

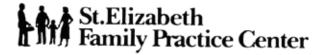
We want to honor your efforts during the last three years in preparation to become board certified in the specialty of family medicine. Your life as a family physician will be vital for your patients, hospital, community, and profession. As you move forward with your career, please remember that we are here for you as an academy that serves the needs of both you and your patients. We look forward to your involvement and wish you the best in all of your future endeavors. The recognition devoted towards this accomplishment honors all of the physicians who have given of themselves towards the lifelong journey of your education.

















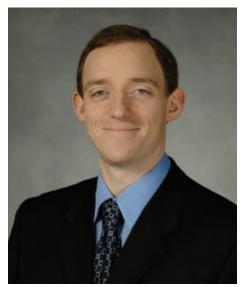
GLASGOW

UNIVERSITY OF KENTUCKY, EAST KENTUCKY

The University of Kentucky, East Kentucky Family Medicine Residency Program is located in Hazard, Ky. The program is dual accredited by the Accreditation Council for Graduate Medical Education (ACGME) and the American Osteopathic Association (AOA) for four positions each program year. The program currently has a full component of 12 residents.

The program's mission is to prepare family practitioners for careers in rural medicine that are dedicated to meeting the health care needs of the people of rural Appalachia. The residents' training is designed to prepare them for meeting the unique demands of a rural practice and for providing quality care in rural settings. Since the program's beginning in 1991, 56 residents have completed their family medicine training.

Our Graduating Class



Key Douthitt, M.D.



Laura Asher, D.O.



Crystal Martin, M.D.



DIRECTOR'S NAME: Angela Y. Rice, D.O. PHONE NUMBER:

(606) 439-3557, Ext. 83565 **FAX NUMBER:** (606) 439-1131 **WEB SITE:** http://www.mc.uky.edu/-

RuralHealth/res.asp

E-MAIL: hrnobl0@email.uky.edu



Nawar Soda, M.D.



Sobia Amjad, M.D.

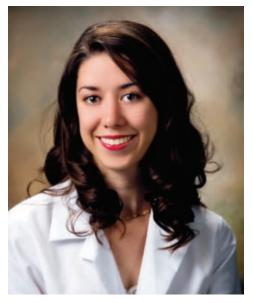
23

UNIVERSITY OF LOUISVILLE GLASGOW FAMILY MEDICINE RESIDENCY

Graduating Class of 2010



Lesley Ann Dotson, M.D. Martin County Community Health Center 6500 Highway 645, Suite 110 Inez, KY 41224 Start Date: July 2010



Martha M. Green, M.D. 102 Union Street Munfordville, KY 42765 Start Date: July 2010



Kathryn T. Rutland, M.D. NorthCrest 222 NorthCrest Dr. Springfield, TN 37172 Start Date: September 2010



GLASGOW

U of L/Glasgow FMR

Director: R. Brent Wright, M.D.

1325 North Race Street Glasgow, KY 42141

Phone: 270-651-4865

Web site: www.glasgowfmr.com



We have a long tradition of celebrating rural family physicians and their practice beginning with St. Claire's namesake, Claire Louise Caudill, M.D. The winner of the 1993 National Rural Health Association's Outstanding Rural Practice Award, St. Claire's staff is proud of its history and looks forward to a future of quality care and service to its communities. We have long relied on family physicians to

deliver excellent comprehensive care to the underserved in the counties surrounding us and feel that we can help shape future leaders in rural health delivery and advocacy. Most importantly, we provide our residents with the tools to help them to become an outstanding family physician. Since 2001, there have been eight graduates with six working in Kentucky. There are currently six residents in the program.

Congratulations to our Graduating Seniors!!



Twana Hatton, D.O.
Dr. Hatton will join St. Claire Family Medicine located in Sandy Hook, a health professions shortage area. She will be providing care to patients of all ages, including maternity care, along with her partners.

For More Information, Contact:

SITE DIRECTOR'S NAME: William Melahn, M.D.

PHONE NUMBER: (606) 783-6455



Romeo Sporici, M.D. Dr. Sporici plans on working as a hospitalist with St. Claire Regional Medical Center in Morehead, Ky, and with the MESA group covering Kentucky.

FAX NUMBER: (606) 783-6392 WEB SITE: http://fpresidency.org E-MAIL: wlmelahn@st-claire.org

St. Elizabeth Family Medicine Residency

St. Elizabeth Residency in family medicine has maintained the highest standards of excellence for over 30 years in a nationally recognized and respected healthcare system. St. Elizabeth offers time-tested outstanding education in a highly collaborative, unopposed program, teaching broad spectrum family medicine with full support and encouragement of our medical community. We are very proud to present the graduating class of 2010 and their practice plans:



Oliver Benes, M.D. Obstetric Fellow



Elizabeth Velazquez, M.D. Practice in Florence, KY



Suzanne Kress, M.D. Practice in Cold Springs, KY



Bethany Lucas, M.D. Practice in Ashland, KY



Melonie Proctor, D.O. Practice in Burlington, KY



Kevin Sellers, M.D. Practicing in Centerville, OH



Heidi Sharp, M.D. Practice in Cold Springs, KY



Monica Sullivan, M.D. Obstetric Fellow



Angel Velazquez, M.D. Sports Medicine Fellow

CONGRATULATIONS!From Your Faculty and Staff

Donald J. Swikert, M.D., Program Director
St. Elizabeth Family Medicine Center
413 South Loop Road, Edgewood, KY 41017
(859) 301-3841

www.stelizabeth.com



Our goal was, and is, to increase the number of qualified primary care physicians practicing in rural, underserved areas. Trover Health System's Family Practice Residency Program was the first family practice residency in the state of Kentucky. We opened our doors in 1971 to help increase the availability of quality family practice medical care. Our mission is excellent care every time, and our values are safety, quality, compassion, and accountability. There are currently 17 residents seeing patients in the Madisonville Trover Clinic through the Family Practice Residency Program. Including the 2010 class, there have been 179 graduates from our program.

2010 GRADUATES



Christopher Bunch, M.D., is staying in Madisonville, Ky., and joining Trover Health System as an emergency department physician.



Bethany Crispin, M.D., is staying in Kentucky where she will be practicing rural medicine.



Gautam Patel, M.D., is staying in Kentucky where he will be working as a hospitalist.



Colette Rainer, M.D., is moving to New York and working at Fort Drum as a family physician.



Zhenghong Yuan, M.D., is moving to Los Angeles, Calif., and joining Foothill Medical Center as a family physician.



Michael Jones, M.D., graduates in December and will join his wife in private practice at Bridgewater Medical Center in Madisonville and admitting to Trover Health System.

For more information, contact: 1-800-563-8327 | Web site: www.troverhealth.org

SUMMER 2010 JOURNAL

UNIVERSITY OF KENTUCKY (LEXINGTON) Family and Community Medicine Residency Program

Over the last 36 years, our residency program has trained 234 graduates, the majority of which practice in Kentucky. Our mission statement demonstrates our three-fold purpose to recruit excellent students, to provide training that is second to none, individualized to the resident's needs, and to graduate family physicians who will become well-respected clinicians in their community. Our training encompasses experiences at the University of Kentucky Hospital as well as providing continuity hospital care in a smaller,

more patient-centered UK Good Samaritan Hospital within UK Healthcare. We also utilize community sites both in Lexington and in surrounding rural communities, allowing our program to have the best of both worlds and prepare our residents well for a wide variety of patient care needs. We are very proud of our 2010 graduating class. Nearly all of the graduates have chosen to remain in Kentucky, using their skills to provide excellent primary and preventive care to their respective communities.

OUR GRADUATING CLASS



Marisa Belcastro, M.D. Practice Site: Richmond, KY



Amy Coleman, M.D. Practice Site: Lexington, KY



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UNIVERSITY OF LOUISVILLE Family Medicine Residency Program

The University of Louisville Family Medicine Centers are divisions of the Department of Family and Geriatric Medicine at the University of Louisville School of Medicine. The faculty and residents are committed to providing quality patient care that requires the joint efforts of our patients, their families, and our staff. Our graduates for 2010 include: *J. Derrick Adams* will be practicing in London, Ky. Graduate *Leon Butler* is working in Louisville in private practice. *Ronna Compton* is continuing training in geriatrics in the department's fellowship program. *Emily Gupton* is joining a practice in Murray, Ky. *Rinit Pancholi* is considering two practice options in the Louisville area. *Curtis Story* is returning to Florida to practice in the Venice area. *Angela Wetherton* is joining the faculty in the department.

OUR GRADUATING SENIORS



J. Derrick Adams, M.D.



Leon Butler, M.D.



Ronna Compton, D.O.



Emily Gupton, D.O.



Rinit Pancholi, M.D.



Curtis Story, M.D.



Angela Wetherton, M.D.

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PROGRAM CODE: 151230001
PROGRAM STRUCTURE: 4A



Department of Family and Community Medicine (DFCM) at the UNIVERSITY OF KENTUCKY

This is the 50th anniversary of the first enrollment of students at the College of Medicine at the University of Kentucky and the 38th anniversary of the Department of Family and Community Medicine.

With a dual clinical focus on the community and the family, the Department plays a major role in assurance that the social mission of the University is strong. This involves encouraging students and residents to prepare to practice in the most needed areas, maintaining a strong program in primary care and providing a range of resident training opportunities that will meet the needs of a variety of students.

Our three University-supported programs, East Kentucky, UK St. Claire and UK Lexington, provide a rich combination of community hospital inpatient settings with a full spectrum of university specialists (Lexington); a state-of-the-art family medicine center and a rural training track setting (St. Claire); and a full three-year rural residency site connected to a community health center with a strong relationship with the State Center for Rural Health (East Kentucky).

Our residencies have taken a major leadership role in educational innovation at all three sites – the Patient-Centered Medical Home in Lexington, early adoption of electronic health records at St. Claire, and palliative care in East Kentucky. The Department has also taken the lead in preparing students for new models of practice through its emphasis on inter-professional education and an emphasis on global health. A global health track has recently been developed both for the residency program as well as for medical students during all four years of medical school.

The Department also sponsors an accredited fellowship in primary care sports medicine, which has become one of the most competitive programs in the country. Fellows work closely with our University athletic programs as well as with other colleges and high schools to round out their experiences.

Other research areas include quality of care, complementary and alternative medicine, addiction medicine, health policy and prevention. We were pleased to rank 22nd among all family medicine departments in the country in the latest *U.S. News and World Report* survey.



OF LOUISVILLE

Department of Family and Geriatric Medicine

This past year has been both a productive and challenging year for the department. For me, as Chair, it has been perhaps even more interesting as I spent a six-month sabbatical at Trinity College in Dublin working on a project on Elder Abuse in Ireland and the role of general practitioners. It is my intent, with a colleague from Dublin, to publish an article on the state of general practice in Ireland in a future issue.

FACULTY: This has been an excellent year for recruiting new faculty. We have added Dr. Eli Pendleton from University of Virginia and will add Dr. Angela Wetherton from our own residency training program as faculty this fall. Both have already demonstrated tremendous abilities and will be successful in academic medicine. In our geriatrics program, two new faculty were added, including Dr. Laura Grooms and Dr. Raj Gopalraj. Dr. Grooms has a particular interest in home care and nursing home care while Dr. Gopalraj, who is an MD, PhD, and dually certified in geriatric medicine and palliative medicine will engage in collaborative research and assist in the home care, hospital care, and palliative care areas.

RESIDENCY: We were successful in recruiting an outstanding group of residents this year. It is apparent, although the numbers of U.S. grads interested in family medicine has only increased slightly, the quality certainly continues to be on the rise.

FELLOWSHIPS: Our geriatrics fellowship program, under the direction of Dr. Belinda Setters, recruited three new fellows this past year. Sports Medicine, directed by Dr. Jon Becker, this year recruited two fellows.

NEW PROGRAMS: The family medicine center currently located on Newburg Road will relocate approximately 1½ miles to greatly expand its space by this fall.

The geriatrics program providing primary care for the frail, elderly, geriatric consultation and evaluation and the home care, nursing home and hospital care program will relocate to the new U of L Healthcare Outpatient Center. We were able to accomplish this move with the generous support of a donor in the community.

Our polypharmacy program continues to grow and expand, accommodating a variety of learners, including medical stu-

dents, pharmacy students from University of Kentucky, residents in family medicine, internal medicine, in addition to our fellows. Our Glasgow Family Medicine Program was successful in recruiting an excellent group of residents this year, and Dr. Brent Wright added two new faculty members who will prove to be outstanding contributors – Dr Steven House from Mercer University and Dr. Amelia Kiser who was practicing in that community and has a special interest and expertise in wound care.

At our Madisonville Campus, Dr. Bill Crump as the Associate Dean of that campus continues to successfully recruit students to that site and leads an initiative to look at a shorter medical school curriculum with overlap with residency. We are working toward closer collaborative ties with the family medicine training program in Madisonville.

EXTERNAL SUPPORT: We are funded from HRSA for the Health Literacy Grant which continues, and this is directed by Dr.

THE GERIATRICS PROGRAM PROVIDING PRIMARY CARE FOR THE FRAIL, ELDERLY, GERIATRIC CONSULTATION AND EVALUATION AND THE HOME CARE, NURSING HOME AND HOSPITAL CARE PROGRAM WILL RELOCATE TO THE NEW U OF L HEALTHCARE OUTPATIENT CENTER.

Donna Roberts. Similarly the grant to integrate mental health competencies in the family medicine curriculum residency program under Dr. Michael Ostapchuk and Dr. Brent Wright continues to be funded. In addition, we have received continuing support for the polypharmacy initiative. Dr. O'Brien received a grant from Atlantic Philanthropies to address the problem of Elder Abuse and Neglect in Ireland.

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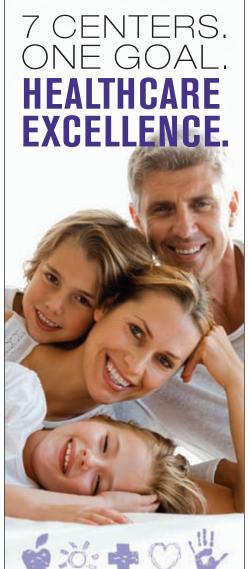
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